THE PERFECT PEEL®

The Perfect Peel® Training

Course Outline

- Chemical Peel Recap
- Introduction The Perfect Peel®
- Patient selection and Contraindications
- Application technique of The Perfect Peel®
- Coffee Break
- Video application
- The Perfect Solutions range
- Complications
- Questions and Recap

Chemical Peel Classification

Superficial peels - Injury is limited to Stratum corneum and only creates exfoliation eg. AHA's including, glycolic, lactic

Medium Depth Peels - Injury through the entire epidermis and Papillary dermis eg. TCA @ 35% and below

Deep Peels - Injury to papillary dermis through to upper-mid reticular dermis eg. Phenol 88% and TCA 50% and higher

Quick facts

AHA at low concentrations, decrease cohesion of corneocyte corneum and when used daily, promote:

- Skin thickness
- Density of collagen
- Improved elastic production

BHA

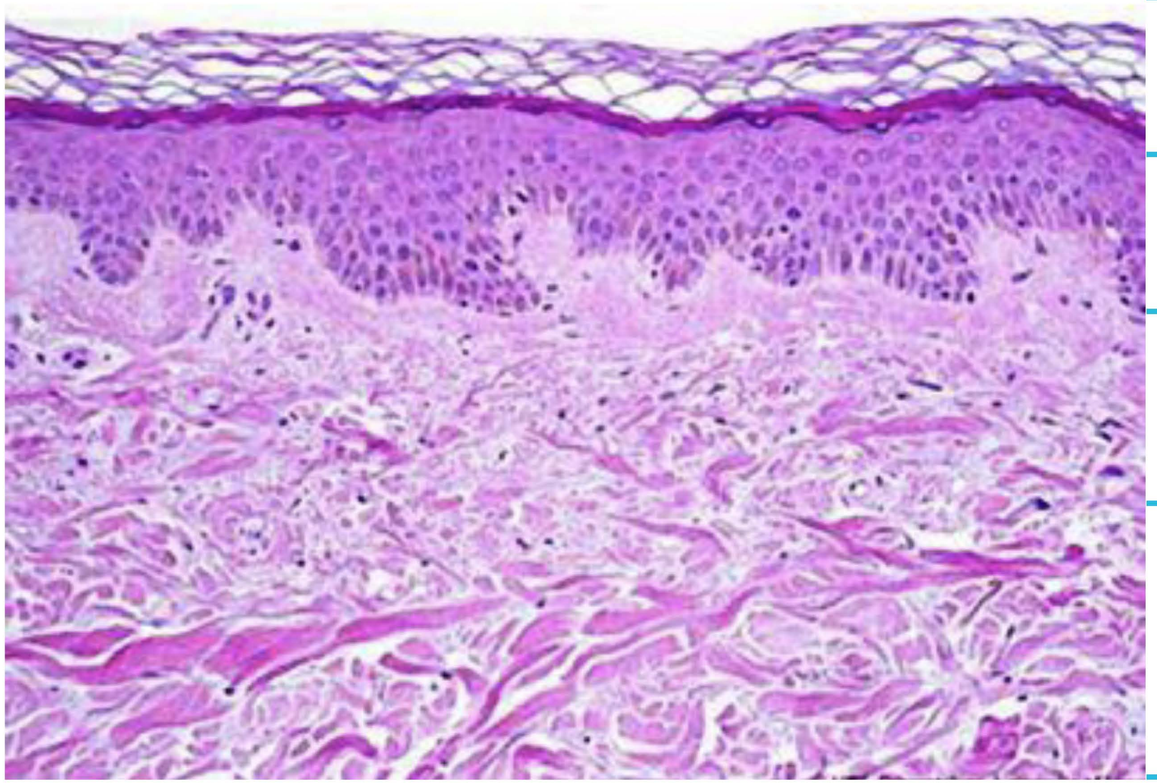
- Offer stronger comedonal effect than AHA's, which is great news for congested skin
- Usually requires no neutralisation
- Exfoliation of follicular impactions improves acneic conditions

What happens during a Chemical Peel?

Immediately there is a structural alteration and consequent elimination of a relatively thick part of the skin (from the simple removal of the stratum corneum to the deeper flaking of the superficial reticular dermis).

Belatedly there is stimulation of the fibroblastic system which leads to a renewal of the dermal matrix.

Skin anatomy - recap



Stratum Corneum

Epidermis

Papillary Dermis

Reticular Dermis

Hypodermas

Why do a medium peel, not a superficial peel?

Complete removal (more or less) of the epidermis leads to:

- Renewal of the stratum corneum
- Thickening of the granular layer
- Mitotic activation of the keratinocytes
- Removal of the excessive pigmentary deposits

Stimulation of the fibroblasts in the dermis leads to:

- Great production of the structural elements of the dermis (collagen, elastin, hyaluronic acid) with a renewal of its architecture

This results in brighter, more luminous, compact and elastic skin.

What is The Perfect Peel®?

The Perfect Peel® is a blended acid peel that combines:

- Glutathione*
- Kojic Acid
- TCA (trichloroacetic acid)
- Retinoic Acid
- Phenol (8%)
- Salicylic Acid

*The only peel premiering Glutathione

Medium to deep chemical:

- Controlled damage from a chemical agent to the epidermis and papillary dermis resulting in specific regenerative changes that can be performed in a single setting.

What makes this peel unique and not like any other peel?

It's blend of ingredients with the addition of glutathione.
Glutathione Antioxidant works in two ways:

By...Neutralizing free radical damage, and to rejuvenate and produce younger healthier looking skin. It can slow down the skin's ageing process, prevent wrinkles, age spots, sun damage, redness/ blotchy skin.

And as a...skin whitening agent to block the biosynthesis of Melanin, which cause darker patches on the skin.

What is The Perfect Peel®? (cont)

- The anti-oxidant Glutathione neutralizes the harmful effects of free radicals and actually slows down the ageing process and prevents wrinkles.
- Kojic Acid is a powerful lightening agent and proven to increase collagen and elastin production, resulting in skin that is brighter and tighter.
- TCA, Phenol and Retinoic Acid reduce wrinkles and correct pigment problems.
- Salicylic Acid exfoliates the skin and reduces inflammation.

The Perfect Peel® will:

- Improve overall tone and texture
- Lighten and brighten your skin
- Remove or reduce sun damage and age spots
- Reduce pore size, soften fine lines and wrinkles
- Reduce or eliminate hyperpigmentation and acne scars
- Improve acne skin conditions and melasma
- Stimulate the production of collagen resulting in firmer skin
- Slow the ageing process and prevent wrinkles

What The Perfect Peel® will not improve…

- Milia
- Dark circles (some cases seen improvement)
- Blacks heads
- Excessive skin laxity
- Vitiligo
- Long standing hormonal pigmentation

How to carry out the best PerfectPeel

be the best practitioner you can be...

- Correct Patient selection
- Understanding when to prep or not
- Understanding peeling technique
- Listening to peeling tips

Patient Selection

Who can The Perfect Peel® treat?

- All Fitzpatrick types 1-6
- NB: Patients should discontinue the use of retinoids/retinols at least 2 weeks prior to the peel
- Sensitive skin need care and attention.
- Patients with severe acne will need 1 treatment every month until the desired results are achieved.
- Patients with particularly severe melasma & hyperpigmentation may be started on skin prep to help avoid post-peel complications such as post-inflammatory hyperpigmentation (not absolutely necessary, but is a beneficial component of the peeling process).

All areas of the body; however the face, neck and chest are the most common.

Contraindications

Do Not

- Apply to skin that is still irritated from any harsh treatment such as waxing, electrolysis, microdermabrasion*, or chemical exfoliants.
- Apply to open wounds, sunburns, infected skin, cold sores, herpes or lesions.
- Use on pregnant or nursing women.
- Use if Roaccutane was used in the last 6 months.
- Use on patients with allergy to aspirin (acetylsalicylic acid).

Cautions

- Photo-sensitising medication
- Previous PIH
- Long term pigmentation
- Chemotherapy or radiotherapy patients
- Psoriasis
- Eczema

Consent to The Perfect Peel®

Like any treatment, it is essential that the patient completes a consent form.
PROMOTE REALISTIC EXPECTATION!

1. Comprehensive review of the patient's medical history and skin analysis
2. Use a mirror and ask patient to point out problem areas.
3. Discuss treatment options and highlight the importance of adhering to post peel instructions, and the addition of post peel creams if necessary.
4. Complete The Perfect Peel® consultation record sheet. Record any allergies, medication and skin problems.
5. Ensure patients know they should discontinue the use of retinoids/retinols at least 2 weeks prior to the peel.
6. You should always take before and after photos for your portfolio and so you have a benchmark for treatment assessment. Patients always forget where they started!

Consultation hints and tips

When prepping pre peel it can:

- Reduce the risk of wound healing
- Decrease risk of PiH
- Enforce concept of maintenance regime and determine which product the patients skin can tolerate
- Establish compliance eliminates inappropriate patients

When examining the skin:

- Thick skin requires The Perfect Peel booster
- Thin skin may require less intervention
- Oily skin gives better results than drier skins due to the lipid content

The Perfect Peel® - progress notes

SKIN ASSESSMENT Fitzpatrick skin type?

Check all that apply: Normal, Sensitive, Telangiectasias, Hyperpigmentation, Oily, Dehydrated, Excoriations, Hypopigmentation, Dry Rosacea, Scars, Other

Areas for you to assess:

- Allergies
- Home treatment/current medications
- Treated area/number of passes/pressure applied
- Addition of booster
- Skin reaction

CASE STUDY

before and after

One Treatment

CASE STUDY

before and after

One treatment, plus home use of The Perfect A and The Perfect C

CASE STUDY

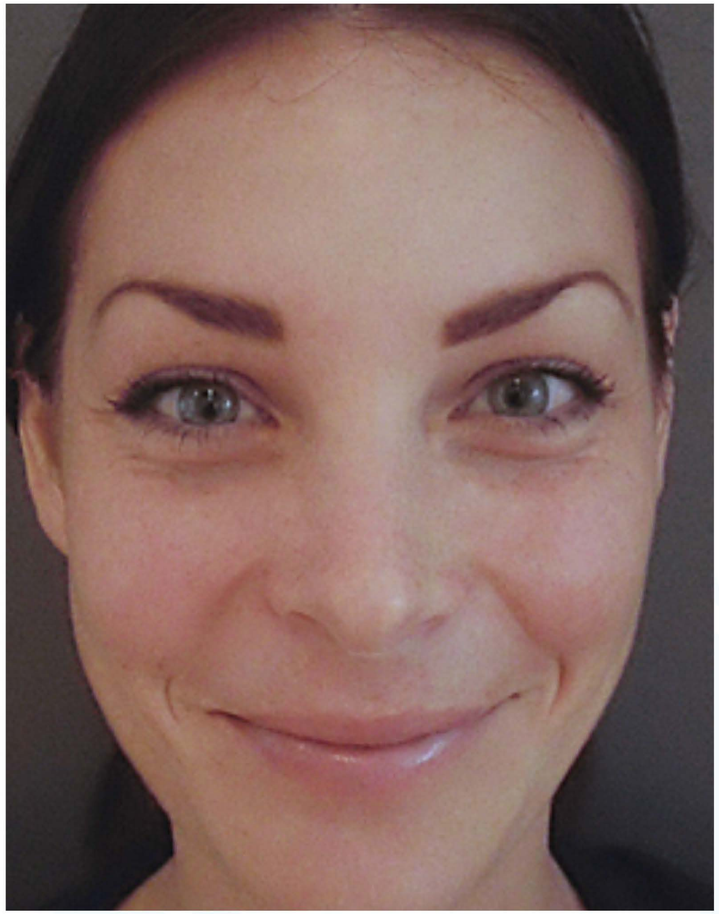
before and after

One treatment + home use of The Perfect Bleaching Cream

CASE STUDY

before and after

2 treatments, 4 weeks apart, plus home use of ,. The Perfect A and The Perfect Bleaching Cream



CASE STUDY

before and after

One treatment, 4 weeks on

The Perfect Peel® Plus booster

- Contains the same synergistic blend of ingredients as The Perfect Peel®, but at a higher concentration.
- Excellent for addressing stubborn hyperpigmentation, melasma, oily, thick resilient skin, actinic keratosis, and age spots on hands, arms and chest.
- The Perfect Plus Plus booster is to be mixed in with the The Perfect peel, then administered.
- The booster is NOT to be used as a spot treatment on its own.
- Not normally used for first time The Perfect Peel® patients.

The Perfect Peel® Plus Plus booster

- With Benzoyl Peroxide and Hydrocortisone.
- Contains the same synergistic blend of ingredients as The Perfect Peel®, but at a higher concentration (no Kojic Acid).
- Specifically for acne sufferers.
- The Perfect Clear booster is to be mixed in with the The Perfect Peel®, then administered.
- Not normally used for first time The Perfect Peel® patients..

IMPORTANT: Patients may experience additional downtime, irritation and redness, and may peel twice.

The face and neck may peel up for 10-12 days.

Body areas may peel for 2-3 weeks.

The Perfect Peel® Clear booster

- With Benzoyl Peroxide and Hydrocortisone.
- Contains the same synergistic blend of ingredients as The Perfect Peel®, but at a higher concentration (no Kojic Acid).
- Specifically for acne sufferers.
- The Perfect Clear booster is to be mixed in with the The Perfect Peel®, then administered.
- The booster in NOT to be used as a spot treatment on its own.
- Not normally used for first time The Perfect Peel® patients..
- IMPORTANT: Patients may experience additional downtime, irritation and redness, and may peel twice.
- The face and neck may peel up for 10-12 days.
- Body areas may peel for 2-3 weeks.

How to apply The Perfect Peel®

The Perfect Peel® must be applied by trained professionals.

Cleanse:

1. For best results the treatment area must be thoroughly cleansed.
2. Remove all make-up and cleanse the treatment area with a facial cleanser.
3. Using a rough gauze pad, with 70% IPA solution, or acetone, wipe over the entire treatment area to remove soap, residue and remaining oils.

How to apply The Perfect Peel®

Peel:

1. Use caution when opening the Peel vial, as the solution may spray/pop from pressure.
2. Pour the peel solution into the application cup.
3. Use the provided rough gauze to apply The Perfect Peel® evenly to the entire area in need of treatment.
4. The solution can be applied to the bottom lash line and the upper orbital bone of the eye, but avoid getting it in the eyes.
5. This first application will slightly sting and serve to numb the treatment area, the following applications should cause no discomfort.

How to apply The Perfect Peel®

Repeat:

1. Continue applying layer of The Perfect Peel® over problematic areas until the solution is gone, or until erythema is achieved.
2. The solution should be applied generously and vigorously to damaged or wrinkled areas..
3. If you notice that the treated area is whitening or frosting, stop applying in that area, as the desired results have been achieved.
4. On male patients, apply less solution over the beard area.
5. When peeling a skin type 6 for the first time, use slightly less solution until you can judge the skin's sensitivity.

How to apply The Perfect Peel®

Finish:

1. The Perfect Peel® solution remains on the treated area.
2. The patient should be provided with a patient take home kit and reminded that the treated area should not be washed or touched for at least 6 hours or overnight if a more intense result is desired.
3. Do not apply sunscreen, moisturiser, makeup or any other product the day of peel application.

NB: The Perfect Peel® Application Tips

- Avoid topical aesthetics before session
- Do not peel eyelids as a beginner
- Using rough gauze to cleanse (rubbing) gives better results
- Ensure you treat into the hairline
- Extend to 1cm below the jawline (feathering)

Patient post-peel instructions, Days 1-2

- The treated area will feel tight and may appear slightly darker.
- The peel solution should remain on the treated area for at least 6 hours.
- During the first 6 hours, do not wash, touch, rub, or apply makeup to the treated area.
- No make-up should be applied on Day 1.
- If you are not experiencing any irritation or discomfort, the peel solution can remain on until your evening cleansing or overnight.
- On evenings 1 and 2. Apply the Post-Peel treatment to the treated area. Let dry thoroughly. For a more intensive result leave the treatment on overnight, do not wash off.
- If you are experiencing any irritation or discomfort apply a small amount of use a cold compress against the irritated area.
- Do not use any moisturising products on the treated area until peeling begins (usually Day 3).
- Avoid excessive sweating, sauna or heavy exercise during peel process.

Patient post-peel instructions, Days 3-5

- Peeling generally begins on Day 3.
- After peeling begins, apply The Perfect Peel® Moisturiser (included in the patient home package) to the peeling areas to control the peeling and relieve the tightness.
- Do not rub, pick or pull on the peeling skin, let the peeling occur naturally. Rubbing, Picking or Pulling may cause scarring. Dead skin can be removed with small scissors.
- Gently wash (Do Not Scrub) and dry the treated area morning and night, and apply The Perfect Peel® Moisturiser as needed.
- A sunscreen of at least SPF 30 should be applied every 2 hours in sun exposure.

Patient post-peel instructions, Day 6 +

- The Peeling process is generally complete. Mild sloughing may still be occurring in some treated areas.
- You may resume use of your normal skin care products unless otherwise advised by your medical professional.
- If the treated area becomes irritated, wait until the sensitivity subsides.
- Continue to protect your skin with a sunscreen containing at least SPF 30.

Complications

Complications can be delayed or immediate - ‘Reactions’ to The Perfect Peel® are usually normal: they include oedema, erythema, itching, skin colour changes

Delayed (within a few days to weeks):

- Infections (bacterial, herpetic, and candidal)
- Scarring, delayed healing, milia, and textural changes
- Hyperpigmentation, hypopigmentation, and lines of demarcation
- Loss of cutaneous barrier and tissue injury
- Acneiform eruptions
- Allergic reactions, toxicity, and ectropion (damage to skin close to eye)

The Perfect Peel® Skin Solutions

Skincare Products

GLUTACEUTICALS®

- 5-a-Day
- Hit Reset
- As a Lake
- Night Shift
- Pep Talk

THE PERFECT PEEL® SKINCARE

- The Perfect Cleanser
- The Perfect C
- Hyaluronic Perfection Serum
- The Perfect Body Wash
- The Perfect Body Lotion

The Perfect Skincare

What should we be looking for in good skincare?

Do you know what to look for on the back of your skincare label?

The Perfect Skincare Contains:

- Cell Communicators
- Hydrating/humectants - A humectant is a substance that attracts and retains water molecules.
- Exfoliants
- Skin lightening agents
- Antioxidants

The Perfect C Serum *30ml*

Key Ingredients:

Ethyl ascorbic acid - The most advanced form of vitamin C available, ethyl ascorbic acid provides superior skin lightening and collagen synthesis for a clearer, more youthful complexion. Ethyl ascorbic acid is a very stable "C" that deeply penetrates the epidermis for maximum benefits.

Palmitoyl tripeptide-38 - Innovative cell communicating peptide, reduces wrinkles by rebuilding collagen and elastin.

Ferulic acid - Extracted from rice bran oil, ferulic acid is one of the most potent natural anti-oxidants. In vivo testing has shown it to be highly effective, inhibiting tyrosinase function and formation of melanin.

Symphytum Officinale root cell extract - Derived from comfrey leaf, this extract has a high content of vitamin C, carotene and B12. It also contains allatoin, which helps stimulate new cell growth and soothe irritated or inflamed skin.

The Perfect C Serum *30ml*

Benefits:

- Powerful antioxidant activity
- Stimulates the skin to produce it's natural moisturisers - glycosaminoglycans
- Evens and luminises skin tone, reduces dark spots and improves skin discolouration
- Provides essential components to assist with collagen synthesis
- Assists with skin lightening, brightening and clarifying by enhancing the inhibition of melanogenesis
- Improves acne in 80% of patients
- Diminishes fine lines and wrinkles
- Decreases risks associated with UVA/UVB damage; enhances results of sun protectors
- Elongates the effects of The Perfect Peel®

Directions:

- Thoroughly cleanse and dry prior to application.
- Apply every morning and evening to face, neck and chest.

Hyaluronic Perfection Serum Size *30ml*

Key Ingredients:

HA - boosting hydration levels, flexible strength, barrier repair, smooth skin's outer surface layers to look and feel softer.

Glycerin - plant derived humectant that hydrates and softens

Arbutin - natural whitening agent from the extract of the Bearberry plant, it is anti-inflammatory and an anti-bacterial.

Niacinamide - helps to regulate oil secretion, useful for oily and combination skin.

Kojic acid - a reduce the production of melanin which is responsible for the skin colour thereby helping to lighten skin discolouration and dark spots and is an antioxidant.

Palmitoyl Dipeptide 5 - helps to improve skin elasticity, firmness and overall volume by stimulating the production of collagen variations

Additional Ingredients:

Panthenol, ceramide,butylene glycol, Allantoin…

Hyaluronic Perfection Serum Size *30ml*

Benefits:

- Hyaluronic acid can enhance moisture content beyond comparison.
- Hyaluronic Acid Perfection Serum is designed to minimise visible signs of ageing, like wrinkles and age spots by boosting your skin's natural moisture level.
- Delivers long-lasting hydration to visibly improve skin's firmness and texture.
- Keeps skin hydrated for hours without clogging pores.
- Conditions, soothes and softens skin, delivering an instant dewy glow upon application.
- Ideal for acne-prone skin.
- Paraben and dye free.
- Elongates the effects of The Perfect Peel™

Directions:

- Apply 4-6 drops am and pm.
- Apply as first step prior to all other products.

The Perfect Cleanser *237ml Acid/Antioxidant*

Key Ingredients:

Aloe Barbadensis Extract |Cooling and soothing and , promotes healing of inflamed lesions such as acne and rosacea.

Salic Nigra (Willow) Bark Extract | Anti-Inflammatory.

Azelaic Acid | Reduces skin inflammation, brightens skin. Helps to kill the bacteria that cause acne and rosacea.

Camellia | Strong antioxidant that protects the skin from the damaging effect of free radicals, inhibitory action on collagenase (a collagen-reducing enzyme that breaks down collagen) . Since green tea extract helps to inhibit collagenase, the topical use of green tea helps to promote the health and quantity of collagen, thereby maintaining a firm and elastic skin.

Saccharum Officinarum (sugarcane) Extract (glycolic acid) | Antiseptic and exfoliating which help with and improve photo damaged skin .

Glycerin | A humectant that has the ability to hydrate topically and penetrates the cell membrane to hydrate from within.

Vitamin E & Panthenol | improves hydration, reduces itching and inflammation of the skin, and accelerates epidermal wounds' rate of healing. Discolouration and dark spots and is an antioxidant.

Palmitoyl Dipeptitide 5 | Helps to improve skin elasticity, firmness and overall volume by stimulating the production of collagen variations

Additional Ingredients:

Panthenol, ceramide, butylene glycol, Allantoin.

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Additional Ingredients:

Panthenol, ceramide, butylene glycol, Allantoin.

The Perfect Cleanser *237ml Acid/Antioxidant*

Benefits:

- A luxurious aloe based gel cleanser that deep cleanses without irritation featuring azelaic acid, willow bark, green tea and sugarcane.

Directions:

- AM and PM: apply a pea-sized amount of cleanser to damp hands, lather, cleanse, and rinse thoroughly.

The Perfect Body Lotion *237ml Acid/Antioxidant*

Benefits:

- The perfect complement to The Perfect Body Wash, this exfoliating lotion with glycolic acid, retinol and packed with botanicals, lightens and brightens the skin for a healthy glow.

Directions:

- AM/PM: apply after bathing or showering. Caution, may sting after shaving.
- Do not apply if going directly into the sun.
- Apply as needed throughout the day

The Perfect Body Wash *237ml Deep Cleanse*

Key Ingredients:

Glycolic Acid | Exfoliates and brightens skin

Aloe Barbadensis Leaf Extract | Cooling And Soothing And , Promotes Healing Of Inflamed Lesions Such As Acne And Rosacea.

Azelaic Acid | Reduces skin inflammation, brightens skin. Helps to kill the bacteria that cause acne and rosacea.

Glutathione | A powerful anti-ageing antioxidant that lightens skin; also aids in natural cell detoxification by protecting cells from free radical damage.

Niacinamide | Helps to regulate oil secretion, useful for oily and combination skin.

Vitamin E and Panthenol | Improves hydration, reduces itching and inflammation of the skin, and accelerates epidermal wounds' rate of healing . discolouration and dark spots and is an antioxidant.

Additional Ingredients:

Panthenol, ceramide, butylene glycol, Allantoin.

The Perfect Body Wash *237ml Deep Cleanse*

Benefits:

- With 15% Glycolic acid The Perfect Body Wash deep cleans and exfoliates the skin, azelaic acid brightens and reduces irritation. This product also features the master antioxidant glutathione.

Directions:

- AM and/or PM: apply a small amount of product, lather and rinse.

GLUTACEUTICALS®

GLUTACEUTICALS™

THE PERFECT PEEL ®

MEDICA FORTE.
THE EXCEPTIONAL SKIN COMPANY

PROFESSIONAL COSMECEUTICALS BLENDED WITH GLUTATHIONE = GLUTACEUTICALS®

“Stop skin overwhelm”
“Faces do better with fewer products”

Glutaceuticals® by The Perfect Peel® is a capsule range of professional skincare and home treatments, designed to elevate skin health, while using fewer products.

Glutaceuticals® continues our ethos of low-percentage blends combined with the master antioxidant, Glutathione. Each product features our blend of core acids alongside key powerful ingredients, to benefit all skin types, while targeting specific skin concerns.

5-a-Day *30ml Healing, Nourishing, Moisturiser*

Key Ingredients:

Glutathione | A powerful pro-ageing antioxidant that lightens skin, detoxifies and protects cells from free radical damage.

Squalene | Cell regeneration, repairing and moisturising.

Vitamin e | Hydrates, reduces itching and inflammation. Promotes healing.

Calendula | A natural extract with anti inflammatory, antibacterial and antifungal properties, to heal and soothe.

Acetyl Hexapeptide-8 | A “botox-like” peptide that suppresses muscle contractions that form wrinkles, a firming agent

Arnica| Derived from a natural herb, it helps to heal and reduce inflammation.

Carrot Oil | Moisturises, nourishes and protects the skin.

Wheat Oil | Rich in vitamin E, essential fatty acids and antioxidants, which can help protect the skin from free radical damage and improve skin elasticity. It also has anti-inflammatory properties that can soothe and calm irritated skin.

Additional Ingredients

Acetyl Octapeptide-3, Gingko, Plantain, Propolis, Lemon Grass Oil

5-a-Day *30ml Healing, Nourishing, Moisturiser*

Benefits:

- The anti-inflammatory, antibacterial, and antioxidant properties of these ingredients can help reduce inflammation, soothe irritation, and protect the skin from further damage while promoting healing and cell regeneration.
- As a daily moisturiser, this product can provide hydration and nourishment to the skin while protecting it from environmental stressors such as pollution and UV rays.
- The combination of ingredients such as Squalene, Vitamin E, and Wheat Oil can help to deeply moisturise and nourish the skin.
- Glutathione and other antioxidants can help protect the skin from free radical damage and improve skin tone.

Directions:

- Apply 1-2 pumps am and pm daily or as often as you need, alone or on top of any serum to lock in moisture.
- NB: Use in clinic/salon as a post aesthetic healing balm.

As a lake *30ml Anti Inflammatory Cream*

Key Ingredients:

Glutathione | A powerful pro-ageing antioxidant that lightens skin, detoxifies and protects cells from free radical damage.

Azeliac Acid | Reduces skin inflammation, brightens skin, helps to kill the bacteria that cause acne and rosacea.

HA | boosting hydration levels, flexible strength, barrier repair, smooth skin's outer surface layers to look and feel softer.

Salicylic Acic | This oil-soluble exfoliant unclogs pores, reduces blemishes, and fights acne with its antibacterial properties.

Niacinamide | Reduces inflammation, which helps to ease redness from eczema, acne, and other inflammatory skin conditions. Minimises pore appearance. Keeping skin smooth and moisturised.

Hexapeptide 8| A "Botox-Like" Peptide That Suppresses Muscle Contractions That Form Wrinkles, A Firming Agent.

Additional Ingredients

Octapeptide 3, Liquorice Extract,IGN Botanical Complex D, Allantoin, Red Algae, Glycerin, Centella Asiatica Leaf Extract

As a lake *30ml Anti Inflammatory Cream*

Benefits:

- Improved skin texture and tone, especially important for rosacea sufferers.
- Reduced appearance of acne and blemishes by removing excess oil and bacteria, making it effective at reducing the size of blemishes and preventing future breakouts.
- Increased hydration and moisture retention improves the skin's natural barrier function, leading to smoother, softer skin. Rosacea and acne can be aggravated by dehydration, which can lead to dry, flaky, and irritated skin. Dehydrated skin can become more susceptible to breakouts and irritation.
- Important to ensure this cohort is not forgotten when trying to also Pro-age. The peptide's can help to reduce muscle contractions that cause wrinkles, resulting in a firmer, smoother complexion.

Directions:

- Apply 1-2 pumps, am and pm daily. Reduce daily usage if irritation occurs. Use as a stand alone moisturiser or over a non-azelaic acid serum.

Hit Reset *30ml Skin Balancing Cream*

Key Ingredients:

Glutathione | A powerful pro-ageing antioxidant that lightens skin, detoxifies and protects cells from free radical damage.

Arbutin | An effective natural lightening agent that works to reduce hyperpigmentation, scars, brown spots and sun damage. It helps reduce pigment production by suppressing enzymes which would stimulate melanin.

Retinol | Renew healthy skin tone and texture, repairs damage to deeper layers of the skin, restores elasticity, enhances the production of collagen and elastin.

Kojic Acid | It helps to remove pigmentation in the upper layers.

Niacinamide | Reduces inflammation, which helps to ease redness from eczema, acne, and other inflammatory skin conditions. Minimises pore appearance. Keeping skin smooth and moisturised.

Vitamin C| An Anti-Oxidant That Removes The Damage Caused By External Factors On The Skin, While Supporting Collagen Production.

Tranexamic Acid | Prevents UV Rays From Causing Damage To The Epidermis And Triggering The Formation Of Spots.

Ferulic Acid | One Of The Most Potent Anti-Oxidant It Purifies The Skin From Free Radicals And Reduces The Effect Of UV Radiation.

Additional Ingredients

Squalane, Aloe Vera Extract, Butylene Glycol, Helianthus Annuus, Ethyl Ferulate, Leaf Extract Tocopherol

Hit Reset *30ml Skin Balancing Cream*

Benefits:

- Promotes healthy skin by providing essential nutrients and antioxidants.
- Reduces hyperpigmentation, scars, and sun damage.
- Enhances skin elasticity, texture, and tone.
- Reduces inflammation and protects against environmental stressors.
- Maintains a healthy skin barrier and provides hydration.
- May help reduce fine lines and wrinkles over time.
- Helps regulate oil production and prevent breakouts.
- Promotes long-term skin health and prevents premature ageing.

Directions:

Start with 1 pump, 3 times a week in the evening. Increase to 2 pumps, 4-5 times a week if tolerated.

- Some irritation, dryness and peeling is normal. Follow up with '5-a-Day' to keep skin healthy, hydrated and supple.

Night Shift *50ml* *Overnight Gradual Peel Cream*

Key Ingredients:

Glutathione | A powerful pro-ageing antioxidant that lightens skin, detoxifies and protects cells from free radical damage.

Salicylic Acid| This oil-soluble exfoliant unclogs pores, reduces blemishes, and fights acne with its antibacterial properties.

Kojac Acid | Helps to remove pigmentation in the upper layers

Tranexamic Acid | Prevents UV Rays From Causing Damage To The Epidermis And Triggering The Formation Of Spots.

Licorice Extract | Help Inhibit Pigmentation By Preventing Tyrosinase Activation. Anti-Inflammatory.

Azelaic Acid | Reduces Skin Inflammation, Brightens Skin, Helps To Kill The Bacteria That Cause Acne And Rosacea.

Vitamin C | An Anti-Oxidant That Removes The Damage Caused By External Factors On The Skin, While Supporting Collagen Production.

Glycolic Acid | Exfoliates And Brightens Skin.

Lactic Acid | An Exfoliating AHA It Gently Breaks The Bonds That Hold Dead, Dry Skin Cells To The Surface. This Improves The Skin's Natural Moisture Factor, Increases Cellular Turnover And Improves Tone And Texture.

Additional Ingredients

Sodium Hyaluronate, Sweet Almond Oil,Glycerin, IGN botanical complex 45, IGN botanical complex 134, Green Tea Extract, Aloe Vera Extract, Acetyl Hexapeptide-8

Night Shift *50ml* *Overnight Gradual Peel Cream*

Benefits:

- The exfoliating action helps to remove dead skin cells and smooth out rough patches, resulting in a more even skin texture and tone.
- Regular use can help to stimulate collagen production, improving elasticity.
- Skincare products are absorbed more effectively.
- Prevents the build up of dead skin cells and oils that can contribute to acne and breakouts, helpful with menopausal women.

Directions:

- After cleansing, use 1 pump for whole face, omitting eye area.
- Do not wash off or apply any additional products. Use nightly until product is gone. Use SPF daily.

Pep Talk *30ml Instant Peel Mask*

Key Ingredients:

Glutathione | A powerful pro-ageing antioxidant that lightens skin, detoxifies and protects cells from free radical damage.

Tranexamic Acid | Prevents UV Rays From Causing Damage To The Epidermis And Triggering The Formation Of Spots.

Salicylic Acid | This oil-soluble exfoliant unclogs pores, reduces blemishes, and fights acne with its antibacterial properties.

Azeliac Acid | Reduces skin inflammation, brightens skin, helps to kill the bacteria that cause acne and rosacea.

Kojac Acid | Targets Pigmentation In The Upper Layers Of The Skin.

Ethyl Asorbic Acid | The Most Stable Form Of Vitamin C That Fights Free Radicals, Supports Collagen Production, And Brightens Skin.

Lactic Acid | Exfoliates, Brightens, And Improves Skin Texture.

Glycolic Acid | Promotes Cell Turnover, Exfoliates, And Improves Skin Tone And Texture.

Additional Ingredients

Kaolin, Hectorite Clay, Paeonia Lactiflora Root Extract, Acetyl Hexapeptide-8, Acetyl Octapeptide-3, Green Tea Extract, Aloe Vera Extract

Pep Talk *30ml Instant Peel Mask*

Benefits:

- Pro-ageing
- Skin brightening and pigmentation reduction
- Exfoliation and improved skin texture
- Acne and inflammation control
- Oil control and detoxification
- Sun protection and skin repair
- Hydration and soothing effects soothe irritation, and maintain the skin's moisture barrier

Directions:

- Apply an even layer of mask to your face and/ or neck for 3-5 mins depending on your skin sensitivity, rinse off, use 3 times a week.
- Follow with 5-a-Day
- NB - Use as an in clinic/salon instant mask peel treatment. Approx £40-50 per treatment as an add on or stand alone

Recap

- Learnt Theory of The Perfect Peel® application
- Learnt about when and how to use The Perfect Solutions
- Watched a video application
- Questions to be emailed

THANK YOU DON'T WORRY PEEL HAPPY!

Contact us at The Perfect Peel®
You will be given The Perfect Peel®
Superblend protocol manual for your clinic with instructions for use.
If you are unsure of anything or have any questions
call: 0330 111 8574
For clinical questions email: clinical@medicaforte.com