



THE PERFECT PEEL®
Superblend



CLINIC MANUAL

Contents

| | |
|---|----|
| THANK YOU FOR CHOOSING | 2 |
| FAQ'S | 3 |
| THE PERFECT PEEL® SUPERBLEND | 6 |
| THE FITZPATRICK SCALE | 8 |
| THE PERFECT PEEL® SUPERBLEND PROTOCOL | 9 |
| PATIENT POST-PEEL INSTRUCTIONS | 11 |
| SPECIFIC TREATMENT INSTRUCTIONS | 13 |
| POST TREATMENT REGIMEN | 14 |
| HOW TO APPLY THE PERFECT PEEL® SUPERBLEND TO CERTAIN SKIN TYPES/ETHNIC GROUPS | 15 |
| WHAT SHOULD WE BE LOOKING FOR IN GOOD SKINCARE? | 16 |
| GLUTACEUTICALS® | 19 |
| 5-a-Day | 20 |
| HIT RESET | 21 |
| AS A LAKE | 22 |
| PEP TALK | 23 |
| NIGHT SHIFT | 24 |
| THE PERFECT PEEL SKINCARE | 25 |
| THE PERFECT C | 26 |
| THE PERFECT CLEANSER | 27 |
| THE PERFECT BODY WASH | 28 |
| THE PERFECT BODY LOTION | 29 |
| INFORMED CONSENT | 30 |
| TREATMENT NOTES TO BE COMPLETED BY AESTHETIC PROFESSIONAL | 31 |
| TREATMENT NOTES | 32 |

Thank You For Choosing The PERFECT PEEL® SUPERBLEND

The Perfect Peel® Superblend premieres Glutathione as a founding component and is the only true anti-ageing ingredient offered exclusively in our formula. The Perfect Peel® Superblend takes the brand's ethos of combining low percentage acids to create maximum results, with minimum risk, refined by almost a decade of experience in the chemical peel market, and several decades within the aesthetics industry.

We are on a mission to change the way we think about acids in skin health across all skin colours. It's no longer about the percentage of single-acting ingredients- it's all about the blend. For the first time, The Perfect Peel® Superblend brings you a blend of melanogenesis inhibitors, antioxidants, hydrating agents, calming ingredients and anti inflammatories combined at low percentages, that will maximise results while minimising risk and downtime for all skin types. Due to high demand from the industry, as well as end-users, Medica Forte have spent several years formulating a more accessible version of their cult- favourite, medical grade peel The Perfect Peel® Superblend, that causes less public downtime and can be performed by non-medical practitioners.

The Perfect Peel® Superblend is a medium-depth, hybrid complex formula based on the master antioxidant Glutathione, combined with Kojic Acid, TCA, Retinol, Resorcinol, Salicylic Acid, Vitamin C, Mandelic Acid, Lactic Acid and Azelaic Acid blended at low-percentages, to produce incredible and safe results. The Perfect Peel® Superblend Superblend requires no period of skin preparation and can be used on all Fitzpatrick types

GLUTATHIONE (GLOO-TA- THAI-OWN)

Glutathione penetrates deep into the cellular level of the skin to fight oxidant damage and is the anti-ageing answer to premature wrinkling. Glutathione is proven to reverse the melanin's metabolism turning dark pigmentations (eumelanin) into light pigmentation (pheomelanin). Glutathione is the ultimate antioxidant known to prevent damage to important cellular components caused by free radicals and peroxides. As we age, our Glutathione levels are depleted due to sun exposure, air pollutants and environmental stress. The Perfect Peel Superblend® is considered a medium/hybrid depth peel and is effective in delivering a vast improvement with 1-2 treatments.

- Improves tone and texture.
- Brightens skin.
- Reduces sun damage and age spots.
- Improves the appearance of hyperpigmentation.
- Reduces the appearance of pore size.
- Softens fine lines and wrinkles.
- Improves acne prone skin and the appearance of acne scars.
- Stimulates collagen production resulting in firmer skin.
- Slows down the appearance of ageing and formation of wrinkles.

Few Questions?



Q. How does The Perfect Peel® Superblend compare to other peels?

A. The Perfect Peel® Superblend combines intense ingredients with effective acids to deliver consistent results after just a few treatments. This unique formula allows for an improvement of fine lines and wrinkles as well as improving pigmentation. The Perfect Peel® Superblend is a non-invasive relatively pain free treatment that entails only 5-7 days of mild peeling.



Q. What type of preconditioning is required?

A. The Perfect Peel® Superblend requires no preconditioning.



Q. How many treatments are necessary for visible improvement?

A. After 1-2 treatments of The Perfect Peel® Superblend, overall skin tone and complexion will appear smooth, glowing and fresh. Depending on skin conditions, multiple treatments may be necessary for desired results. A series of 2-3 treatments applied once every 4 weeks will allow for optimal results for more complex skin management.



Q. How long will my results last?

A. As long as the skin is maintained with good quality skin care products like 5-a-Day and Hyaluronic perfection serum the improved results will last. We recommend at least two treatments of The Perfect Peel Superblend®.



Q. What skin types respond well to The Perfect Peel® Superblend?

A. All skin types (Fitzpatrick 1-6) are safe to treat.



Q. Does The Perfect Peel® Superblend burn?

A. The patient may feel a slight stinging or tingling sensation which will subside within 15 mins of the treatment. A fan may be used for comfort.



Q. How long will the application process take?

A. The Perfect Peel® Superblend application only takes 15 minutes to administer.



Q. How severe is the peeling and what is the duration of the peeling process?

A. The amount of peeling skin associated with The Perfect Peel® Superblend is mainly a sloughing of mild peeling skin that begins around day three and generally is completed by day seven.



Q. What will I look like during The Perfect Peel® Superblend treatment process and post peel?

A. Immediately after the peel has been applied the skin will either appear red, like a sunburn, or darker. On day three/four mild peeling will begin. Using '5-a-day' promotes the healing process by locking in moisture and reducing redness. By day ten the peeling process should be complete and the results will continue for 4-6 weeks.



Q. Will my daily routine be affected after the treatment?

A. Normal activities may be resumed immediately post peel. We recommend avoiding heavy exercise and excessive sweating during the peeling process. Protecting your skin with SPF is a must.



Q. Can makeup be worn post peel?

A. The day the peel is applied the patient should not put any makeup or other products on his or her face post peel. Makeup may be worn on day 2 of the peeling process.



Q. How many treatments are required?

A. The Perfect Peel® Superblend may be applied initially every four weeks if necessary until the desired results are achieved. Thereafter, we recommend once every 4 months to maintain improved skin results, as well as to prevent further ageing and environmental damage.



Q. Can The Perfect Peel® Superblend be applied to other parts of the body other than the face?

A. The Perfect Peel® Superblend can be applied to other areas of the body, including face, neck, chest and hands and back. However, the process and the results will not necessarily be the same.



Q. Will The Perfect Peel® Superblend help improve acne?

A. The Perfect Peel® Superblend may help minimise acne and scarring caused by acne with a course of peels and supportive skincare.



Q. How many treatments are necessary to help improve acne scars?

A. Depending on the severity of the scarring, a series of 3-4 peels every four weeks will be needed for optimum results. The number of treatments will also depend on how vigorously the layers are applied.



Q. How will The Perfect Peel® Superblend improve my skin?

A. The Perfect Peel® Superblend will help improve fine lines and wrinkles, reduce enlarged pores, build collagen and elastin which will help to tighten and firm the skin.. The treatment fights free radical damage to remove discoloration due to sun damage and even out overall skin tone and complexion.



Q. Will my skin be sensitive post peel?

A. Skin will be more sensitive during the peeling process until the PH level is replenished.



Q. Who is qualified to purchase/order The Perfect Peel® Superblend?

A. A GMC, GDC, NMC, BEAUTY THERAPISTS (LEVEL 3 AND ABOVE) SOME HCPS.



Q. Is sun exposure permitted post peel?

A. Sun exposure should be limited or avoided before and during the peel process to avoid post inflammatory hyperpigmentation.



Q. When can the patient receive their next treatment of The Perfect Peel® Superblend?

A. 4 weeks after recovery (once the entire peel process is complete).



Q. Is there an age requirement or restriction to use The Perfect Peel® Superblend?

A. 18 (advised) to 75 years old dependent on skin fragility, those with any health conditions should check with their Doctor prior to treatment.

The PERFECT PEEL® SUPERBLEND

A pro-created complex formula of Glutathione, Kojic Acid, TCA, Retinol, Resorcinol, Salicylic Acid, Vitamin C, Mandelic Acid, Lactic Acid and Azelaic Acid blended at low-percentages, to produce incredible and safe results for all skin types. The Perfect Peel® Superblend is a powerful, multi-acid chemical peel that combines several active ingredients to provide comprehensive skin rejuvenation. This blend targets a variety of skin concerns, including acne, hyperpigmentation, fine lines, wrinkles, and uneven skin tone. [PH 1.8](#)

UNIQUE SYSTEM

The Perfect Peel® Superblend box:

- 6 hermetically sealed peel vials.
- 6 individually boxed homecare packs.
- 6 sterile gauze sponges.
- 6 application pots.
- Practitioner instruction booklet.

HOMEKIT - 3 ESSENTIAL TAKE-HOME ITEMS

[ABC POST PEEL SERUM SACHET \(2ML\)](#) A potent blend of Glutathione, Retinol, Salicylic Acid and Vitamin C, to be applied by your client the night of the treatment.

[‘5-A-DAY’ CREAM \(15ML\)](#) To be applied once peeling begins, which heals, nourishes and conditions the new skin. Containing Squalene, Vitamin E, Glutathione, Calendula, Arnica, Aloe Barbadensis and Carrot Oil. This is a half-size product of one of our new Glutaceuticals® formulations.

[COMPREHENSIVE INSTRUCTIONS](#) Clients’s post treatment instruction booklet.

PEEL INGREDIENTS

[Glutathione](#) | Is an amazing antioxidant that helps keep our skin healthy and youthful. It works by protecting our skin cells from damage caused by harmful substances like free radicals and peroxides, which can speed up the ageing process. Our body naturally makes glutathione from specific amino acids, namely L-cysteine, L-glutamic acid, and glycine. Glutathione is also known for its skin-lightening properties, making it a popular ingredient in skincare products.

[Kojic Acid](#) | A fantastic ingredient that can help lighten the skin by inhibiting melanin production in the upper layers of the skin. Melanin is responsible for the colour of our skin, and by reducing its production, kojic acid can result in a brighter and lighter complexion. In addition to its skin-lightening properties, kojic acid also has antibacterial and antifungal properties, making it a versatile ingredient in skincare.

TCA (trichloroacetic acid) | A powerful ingredient that has multiple benefits for the skin. It has the ability to stimulate collagen production, which helps to improve skin elasticity and firmness. Additionally, TCA can smooth out the surface texture of the skin, giving it a smoother and more refined appearance. It is highly effective in correcting various skin issues such as rhytides (wrinkles), keratoses (abnormal skin growths), dyschromias (uneven pigmentation), and scarring.

Lactic Acid | A gentle exfoliator. Its larger molecules mean it doesn't penetrate the skin as deeply as other AHAs, so it's less irritating. This makes it perfect for people with sensitive skin or those who are new to chemical peels. One of the best things about lactic acid is that it boosts hydration. It helps your skin hold on to moisture, keeping it soft, smooth, and supple. This means it can really help if your skin is dry or dehydrated. It's also a great multitasker because it can help with skin tone and texture. Lactic acid can reduce the appearance of fine lines, wrinkles, and uneven pigmentation. Plus, it helps stimulate collagen production. Using lactic acid in The Perfect Peel® Superblend works well with the other acids to target specific concerns like acne, hyperpigmentation, or ageing skin.

Retinol | A powerful ingredient that promotes cellular turnover and helps regulate abnormal desquamation, which is the shedding of dead skin cells. By doing so, retinol helps to keep the skin's surface smooth and refined. Retinol also reduces the cohesion of corneocytes, which are the outermost layer of skin cells, allowing for better exfoliation and unclogging of pores. This makes retinol an excellent choice for addressing concerns such as acne, uneven skin texture, and hyperpigmentation. One of the great things about retinol is that it's safe for all Fitzpatrick skin types, from type I to type VI.

Resorcinol | A keratolytic agent that is commonly used in skincare and dermatology due to its exfoliating properties. It works by breaking down the keratin protein, which is a component of the outermost layer of the skin known as the stratum corneum. This exfoliation process helps to remove dead skin cells, unclog pores, and promote cell turnover, resulting in smoother, brighter, and more youthful-looking skin. Resorcinol can also be effective in treating hyperpigmentation, as it can help to lighten dark spots and even out skin tone by promoting the shedding of pigmented skin cells. In addition to its exfoliating properties, resorcinol also has antiseptic and anti-inflammatory properties, which can help to reduce redness, inflammation, and irritation on the skin. This makes it suitable for addressing skin conditions such as rosacea and dermatitis.

Salicylic Acid | An amazing ingredient that has multiple benefits for the skin, especially in the context of acne-prone skin. It has the ability to dissolve follicular impactions, which helps to unclog pores and reduce acne lesions. This makes it a popular choice for treating acne breakouts. What's great is that salicylic acid is also suitable for sensitive skin conditions, as well as for higher Fitzpatrick skin types (which refer to skin tones that are more prone to hyperpigmentation) and rosacea-prone skin. In addition to its acne-fighting properties, salicylic acid also has notable anti-inflammatory properties. This means that it can help reduce redness and inflammation associated with acne, making it an excellent choice for calming and soothing irritated skin.

Vitamin C | Also known as ascorbic acid, is a potent antioxidant that plays an important role in skin health. It has numerous benefits, including stimulating collagen production, reducing inflammation, and protecting the skin from free radicals and environmental damage. As a result, Vitamin C is often included as an ingredient in chemical peels to enhance their effectiveness and improve skin health. In a medium-depth chemical peel, Vitamin C may be combined with other acids, such as trichloroacetic acid (TCA) to achieve a deeper exfoliation.

Mandelic Acid | Has exfoliating properties, which help to remove dead skin cells and unclog pores, resulting in smoother and clearer skin. By promoting cell turnover, mandelic acid can also improve skin texture and tone, leaving the skin looking more youthful and radiant. In addition to its exfoliating effects, mandelic acid is also known for its ability to reduce hyperpigmentation. It inhibits the production of melanin, the pigment responsible for dark spots and uneven skin tone, which can be beneficial in treating hyperpigmentation caused by sun damage, acne scars, and melasma. Another advantage of mandelic acid is its antibacterial properties, which can help to reduce the proliferation of acne-causing bacteria on the skin, making it a suitable option for treating acne-prone skin.

Azelaic Acid | It's a dicarboxylic acid that comes from grains like wheat, rye, and barley. You can also find it in synthetic forms. Azelaic acid is super versatile and can be used in various skincare products, including blended peels that combine different acids for different skin concerns. It's perfect for acne-prone or rosacea-prone skin because it helps calm down redness and irritation. It also has antibacterial properties, which can keep those pesky breakouts at bay. It helps even out your skin tone. It's great at reducing hyperpigmentation, like melasma or post-inflammatory pigmentation. If you've got some dark spots or uneven colour, azelaic acid can help give you a more balanced complexion. Azelaic acid also helps improve your skin's texture by unclogging pores and reducing the appearance of bumps or blemishes. It's like a gentle exfoliator, getting rid of dead skin cells and revealing a smoother, more radiant surface. Azelaic acid is a total team player and mixes well with other AHAs, BHAs.

THE FITZPATRICK SCALE

The Fitzpatrick Scale (also Fitzpatrick skin typing test or Fitzpatrick phototype scale) is a numerical classification schema for the colour of skin. It was developed in 1975 by Thomas B. Fitzpatrick, a Harvard dermatologist, as a way to classify the response of different types of skin to ultraviolet (UV) light. Later, it was updated to also contain non white skin types. It remains a recognised tool for dermatologic research into the colour of skin.

TYPE I

Scores 0-6

Pale white; blond or red hair; blue eyes; freckles. Always burns, never tans.

TYPE II

Scores 7-13

White; fair; blond or red hair; blue, green or hazel eyes. Usually burns, tans minimally.

TYPE III

Scores 14-20

Cream white; fair with any hair or eye colour; quite common. Sometimes mild burn, tans uniformly.

TYPE IV

Scores 21-27

Moderate brown; typical Mediterranean skin tone. Rarely burns, always tans well.

TYPE V

Scores 28-34

Dark brown; Middle Eastern skin types. Very rarely burns, tans very easily.

TYPE VI

Scores 35+

Deeply pigmented dark brown to black. Never burns, tans very easily.

THE PERFECT PEEL® SUPERBLEND PROTOCOL

The Fitzpatrick Scale (also Fitzpatrick skin typing test or Fitzpatrick phototype scale) is a numerical classification schema for the colour of skin. It was developed in 1975 by Thomas B. Fitzpatrick, a Harvard dermatologist, as a way to classify the response of different types of skin to ultraviolet (UV) light. Later, it was updated to also contain non white skin types. It remains a recognised tool for dermatologic research into the colour of skin.

The Perfect Peel® Superblend contains Glutathione, Kojic Acid, TCA (Trichloroacetic Acid), Resorcinol, Salicylic Acid, Vitamin C, and Retinol, Mandelic, Lactic, Azelaic acid's. The Perfect Peel® Superblend requires no special pre-peel skin preparation. The Perfect Peel® Superblend should not be used on patients with hypersensitivity to any of the listed ingredients. The Perfect Peel® Superblend can be used on all skin types and on all areas of the body; however the face, neck and chest and back are the most common.

PRE-PEEL CONTRAINDICATIONS:

- Do not apply to skin that is still irritated from any harsh treatment such as waxing, electrolysis, microdermabrasion, or chemical exfoliants.
- Do not apply to open wounds, sunburns, infected skin, cold sores, herpes or lesions.
- Do not use it on pregnant or nursing women.
- Do not use if Roaccutane was used in the last 6 months.
- Exercise caution if a client is taking "-cycline" drugs, they cause photosensitivity.
- People with an allergy to Aspirin should not use it.
- Avoid contact with eyes. (If the solution gets in the eyes; rinse eyes thoroughly with water and saline.
- Store The Perfect Peel® Superblend in a cool, dry area.

PRE-PEEL CAUTIONS:

- Photo-sensitising medication
- Previous PIH
- Long term pigmentation
- Chemotherapy or radiotherapy patients
- Psoriasis
- Eczema

CLEANSE

For best results the treatment area must be thoroughly cleansed. Remove all make-up and cleanse the treatment area with a strong face cleanser (one without Glycolic Acid). Next, apply 100% pure acetone or 70% alcohol solution to a rough gauze square and cleanse the treatment area in a mild scrubbing motion to remove soap, residue and remaining oils.

PEEL

Use caution when opening the peel vial, as the solution may spray/pop from pressure. Pour the peel solution into the application cup. Using a small square rough gauze, apply The Perfect Peel® Superblend evenly to the entire area to be treated. This first application will sting slightly.

REPEAT

Continue applying layers of The Perfect Peel® Superblend until the solution is gone or the desired clinical endpoints are achieved*. The solution should be applied generously and vigorously to damaged or wrinkled areas. If you notice that the treatment area is whitening or frosting, you can stop applying in that area, as the desired results have been achieved. On male clients, apply less solution over the beard area. When peeling a type 6 skin for the first time, use 1cc less solution until you can judge the skin's sensitivity. *As the peel begins to penetrate within 1-2hrs after the application, the client will experience erythema that will continue for 24hrs.

FINISH

The Perfect Peel® Superblend solution remains on the treated area, as its a self limiting solution. The client should be provided with a 'Home Kit' and reminded that the treated area should not be washed or touched for at least 6 hours. The Perfect Peel® Superblend can be repeated as often as every 4-6 weeks or 3 to 4 times per year for "normal" skin. For severely damaged skin, you may do a series of 2 or 3 treatments back to back 4 weeks a part. For normal maintenance you can receive treatment once every 3-4 months.

PATIENT POST-PEEL INSTRUCTIONS

The Perfect Peel® Superblend uses a blend of chemicals to create a controlled injury to the skin. This in turn initiates a process of peeling and healing. Some irritation and discomfort is considered normal up to day 10, but in some cases can last longer. If discomfort is prolonged or severe, please consult with the professional who performed your procedure.

DAY 1-3

- Day 1 is the day the peel was applied. Application does sting a little but should ease after a few mins.
- The treated area will feel warm and look red for a few hours.
- After application, the peel solution should remain on the treated area for at least 6 hours.
- During the first 6 hours, do not wash, touch, rub, or apply make-up to the treated area.
- No make-up should be applied on day 1 (day peel applied).
- This is an important step! Roughly 15 minutes before bedtime, apply approx half the sachet of ABC Post-Peel Serum liberally to the treated area (we've given you extra, you won't need to use all of it!). Allow to dry, it may remain slightly tacky to touch. Warning! IT CAN STING!!
- Please remember some irritation, stinging and discomfort is considered normal and this will pass.
- Any stinging, discomfort or itchiness is normal, apply a cold flannel, or consider taking an antihistamine to calm the itching.
- Do not use any moisturising products on the treated area until day 5.
- Avoid sun exposure, excessive sweating, sauna or heavy exercise during the peel process.

DAY 3-7

- Gently water wash or use a mild cleanser.
- Mild peeling/flaking generally begins on day 3/4.
- Gently wash (do not scrub) and pat dry the treated area morning and night.

DAY 5

- **IMPORTANT.** Once your mild peeling begins, water wash or wash with The Perfect Cleanser, apply a small amount of '5-a- Day' (included in your Home Kit) to the 'new' skin areas 2-3 times per day to control the peeling and relieve tightness and irritation. Protect and nourish the new skin. Continue to use this until it's finished, it's gorgeous so you will want to! Using '5-a-Day' promotes the healing process by locking in moisture and reducing redness and irritation. Additional '5-a-Day' can be purchased online or from your skincare professional.

- Do not rub, pick or pull on any peeling skin, let the peeling occur naturally. Rubbing, picking or pulling may cause scarring and pigmentation changes.
- A sunscreen of at least SPF 30 should be applied every 2 hours in direct sun exposure.

DAY 6-10 AND AFTERWARDS

- Trust the process and wait for the magic!
- The peeling process is generally complete. Mild sloughing may still occur in some treated areas.
- You may resume use of your normal skin care products unless otherwise advised by your skincare professional. If the treated area becomes or remains irritated, wait until the sensitivity subsides.
- Continue to protect your skin with a sunscreen containing at least SPF 30.
- Final results will be most apparent after day 28.

DO NOT

- Cleanse your skin in the evening of your peel or treatment.
- Pick or pull any flaking skin.
- Tan or use a tanning booth for at least 14 days post peel.
- Have electrolysis, waxing, threading or any other form of hair removal for 7 days post peel.
- Use facial scrubs or mechanical forms of exfoliation for 14 days post peel.
- Have laser hair removal, photofacials, chemical peels or microdermabrasion for 14 days post peel.
- Use hot tubs, steam rooms, saunas, and/or excessively hot showers for 2 days post peel.
- Go swimming for 2 days post peel.
- Participate in aerobic exercise for 2/3 days post peel.
- Avoid sun exposure, excessive sweating, sauna or heavy exercise during the peel process.

SPECIFIC TREATMENT INSTRUCTIONS

ACNE: DAY 10+

- You may resume use of your normal skin care products.
- For active and severe acne patients, a series of 3-4 The Perfect Peel® Superblend treatments can be used 3-4 weeks apart.
- Consider the use of [Hit Reset](#) or [As a lake & 5-a-day](#) depending on the severity of the acne to enhance the results.
- Continue to protect your skin with a sunscreen containing at least SPF 30.

HYPERPIGMENTATION /MELASMA: DAY 10+

- Begin using [Hit Reset](#) and [5-a-Day](#).
- For active, mild or severe melasma patients, a series of 3-4 The Perfect Peel® Superblend treatments should be used 4 weeks apart for ultimate result followed by [Hit Reset](#) and [5-a-Day](#) and or [The Perfect C](#) or [Hyaluronic & peptide perfection serum](#).
- Continue to protect your skin with a sunscreen containing at least SPF 30.

ANTI-AGEING: DAY 10+

- You may resume use of your normal skin care products.
- Products to consider depending on the indication: [Hit Reset](#), [Hyaluronic perfection serum](#), [The Perfect C](#) and [5-a-Day](#), for collagen stimulation, pigmentation inhibition and reduction of fine lines and wrinkles.
- Continue to protect your skin with a sunscreen containing at least SPF 30.

POST TREATMENT REGIME

The Perfect Peel® Superblend uses a blend of chemicals to create a controlled injury to the skin. This in turn initiates a process of peeling and healing. Some irritation and discomfort is considered normal up to day 10, but in some cases can last longer. If discomfort is prolonged or severe, please consult with the professional who performed your procedure.

POST TREATMENT REGIME

If employing a “post” regime, products should be started at approx day 10 after the application of The Perfect Peel® Superblend treatment.

NORMAL SKINCARE PRODUCTS

Your clients usual skincare products should be reintroduced no sooner than 10-14 days after treatment with The Perfect Peel® Superblend.

USING PRODUCTS TOGETHER

When using any of the products together, using in the following order is recommended: 1) The Perfect C, Hyaluronic perfection serum 2) 5-a-Day 3) Hit Reset.

HOW TO APPLY THE PERFECT PEEL® SUPERBLEND TO CERTAIN SKIN TYPES/ETHNIC GROUPS

It is recommended that for Fitzpatrick scale clients 4, 5 and 6, after the first application of the peel is complete, their skin is assessed. If there is any excessive erythema, do not continue to do another application. Fitzpatrick 4, 5 and 6 generally have sensitive skin and, while our peel is perfectly safe, we do want to monitor results of the peel to avoid an overly aggressive application. Preconditioning is not required but helpful for best results.

SKIN PREPARATION

Skin preparation prior to The Perfect Peel® Superblend is not absolutely necessary, but it can be a beneficial component of the peeling process in helping to avoid post peel complications such as post-inflammatory hyperpigmentation (PIH).

The following adjunctive agents should ideally be started a few weeks prior to peeling:

- Broad spectrum UVA and UVB sunscreen.
- Hit Reset usage will result in decreased skin thickness, increased kinetics of epidermal turnover, and decreased skin adhesion.
- The Perfect Cleanser helps to decrease skin adhesion and stimulate epidermal growth by disrupting the stratum corneum.

For these groups a 2 layered treatment protocol is advised. If excessive erythema occurs after the first/second layer of application, this will calm and the patient should not need a second or third layer. After the results of this peel has proven safe and results in a light peel i.e. not aggressive enough, then at their next treatment a two/three layered application can be performed. Of course if there is no unexpected erythema after the first layer of the peel then apply the second.

Also, very important to note: those with severe acne need to be addressed differently. A 2- 3 treatment regime in cases of severe acne is necessary. It may be necessary to refer them to their doctor for a prescription for their acne. Because the peel extracts imperfections and helps shed away damaged layers of skin, acne can become aggravated and purging is likely to occur. This can happen to acne prone skins too.

Thank you for taking the time to read this. It's very important information and we want to make sure what we do and how we do it is safe and appropriate.

WHAT SHOULD WE BE LOOKING FOR IN GOOD SKINCARE? DO YOU KNOW WHAT TO LOOK FOR ON THE BACK OF YOUR SKINCARE LABEL?

THE PERFECT SKINCARE CONTAINS

- Cell Communicators
- Hydrating/humectants - A humectant is a substance that attracts and retains water molecules.
- Exfoliants
- Melanogenesis inhibitors
- Antioxidants
- Anti Inflammatories

WHAT IS A CELL COMMUNICATOR?

An ingredient that tells the cells how and when to function properly, and the cells then relaying that information to help each other. Cell communicators have a kind of lock and key (like that of most cells) - When the 'right' ingredient for a specific site shows up, it has the ability to attach itself to the cell and transmit information. - When the 'wrong' ingredient enters, that's when you sometimes hear 'doesn't suit me'.

- Retinol, retinaldehyde
- Niacinamide
- Linoleic acid
- Lecithin
- Peptides
- Pyrus malus (apple) fruit extract

HYDRATING/HUMECTANTS

A humectant is a substance that attracts and retains water molecules.

- HA
- Glycerin
- Urea
- Panthenol
- Propylene glycol
- Lactic acid
- Shea Butter

EXFOLIANTS

An exfoliant removes the oldest dead skin cells on the skin's outermost surface through mechanical or chemical means.

- Glycolic acid
- Azelaic acid
- Salicylic acid
- Retinol

MELANOGENESIS INHIBITORS

Skin lighteners work by reducing a pigment called melanin in the skin by inhibiting the tyrosine enzyme responsible for melanin formation

- Glutathione
- Vitamin C
- Kojic Acid
- Alpha-arbutin
- Niacinamide
- Azelaic acid
- Glycolic acid
- Linoleic acid
- Licorice

ANTIOXIDANTS

Antioxidants protect the body from damage caused by harmful molecules called free radicals by inhibiting cellular oxidation.

- Glutathione
- Vitamin C and E
- Coenzyme Q10
- Vitamin A
- Niacinamide

ANTI-INFLAMMATORIES

Antioxidants protect the body from damage caused by harmful molecules called free radicals by inhibiting cellular oxidation.

- Salicylic acid
- Calendula
- Witch hazel
- Niacinamide
- Vitamins C, D and E

IMPORTANT

- “Hydration” and “moisture” are the same. NO!! A common misconception is believing a skin hydrator is the same as a moisturiser. Easy mistake to make certainly for the consumer.
- Very different types of products formulated to serve different purposes for the skin.
- Skin doesn't always need both.
- Moisturisers' role is to reduce transepidermal water loss (TWEL) by forming a barrier over the skin's surface.
- Hydrators are designed to increase the water content of the skin; they absorb water from the air and bind it to the skin.
- Remember to apply hydrating products first and a moisturiser second.
- Glycolic acid.
- Linoleic acid.
- Licorice.

PROFESSIONAL COSMECEUTICALS BLENDED WITH GLUTATHIONE

As an experienced practitioner, you already know the importance of a good skincare routine for maintaining healthy skin. But with so many products on the market, it can be overwhelming to choose the right ones for your clients. That's where Glutaceuticals® by The Perfect Peel® comes in.

“Stop skin overwhelm”
“Faces do better with fewer products.”

Our capsule range of professional skincare and home treatments is designed to simplify your clients' routines while still delivering powerful results. Each product features a unique blend of core acids and key ingredients to target specific skin concerns, making it easy for you to recommend the right product for your clients' needs. And with our focus on skin health, you can trust that Glutaceuticals® is a brand that values efficacy and safety above all else suitable for all skin types.

5-A-DAY

HIT RESET

AS-A-LAKE

Night Shift

PEP TALK



5-a-Day 30ml / 1.75 fl oz

HEALING, NOURISHING MOISTURISER

REPAIR, RELIEVE & REGENERATE, WITH ARNICA, VITAMIN E, SQUALENE + PEPTIDES
NUTRITIOUS, STRONG, WELL-FED AND PLUMP! FEED YOUR SKIN ITS 5-A-DAY

Heal and condition your skin, leaving it hydrated and enriched. This innovative formula is packed with five superfood extracts - carrot, wheat, plantain, ginkgo, and calendula - along with a potent blend of other key ingredients.

The combination of these ingredients helps to nourish and revitalise the skin from within, while providing powerful antioxidant protection against environmental stressors. Additionally, the formula contains glutathione and squalene to brighten and hydrate the skin, along with acetyl hexapeptide-8 and octapeptide-3 to help reduce the appearance of fine lines and wrinkles. 5-a-Day is perfect for those looking to boost their skin's health and vitality, and are suitable for all skin types. With regular use, you can expect to see brighter, more even-toned skin, along with a reduction in the visible signs of ageing.

Hydration | It delivers essential moisture to the skin, helping to maintain optimal hydration levels and keep the skin soft and supple.

Nourishment | The nutrient-rich ingredients provide essential vitamins, minerals, and fatty acids that nourish and rejuvenate the skin, promoting a healthier complexion.

Antioxidant protection | The moisturiser contains potent antioxidants that protect the skin from environmental stressors, such as pollution and UV radiation, helping to prevent premature ageing and maintain skin's overall health.

Anti-ageing | The inclusion of peptides and other active ingredients helps to stimulate collagen production, reduce the appearance of fine lines and wrinkles, and promote a more youthful appearance.

Soothing and calming | The moisturiser contains botanical extracts with anti-inflammatory and soothing properties that help to calm irritated skin, reduce redness, and promote skin healing.

Skin barrier support | The moisturiser helps to strengthen and maintain the skin's natural barrier function, preventing moisture loss and protecting the skin from external aggressors.

KEY INGREDIENTS

Glutathione, Squalane, Calendula, Wheat, Carrot, Acetyl Hexapeptide-8 & Octapeptide-3, Arnica, Ginkgo, Aloe Vera, Plantain, Vitamin E, Tea Tree, Propolis

HOW TO USE

Apply 1-2 pumps, am and pm daily, or as often as you need. Use alone, or on top of any serum to lock in moisture.

HIT RESET 50ml / 1.75 fl oz

PRO- AGEING & BRIGHTENING, WITH RETINOL, NIACINAMIDE, FERULIC, KOJIC + TRANEXAMIC ACIDS

SUN DAMAGE- WHERE? NEGLECTED SKIN- PROVE IT!
FORGIVENESS IN A BOTTLE, HIT RESET WITH THE IDEAL ALIBI TO PRETEND "THAT NEVER HAPPENED". REGENERATE SKIN BY BRIGHTENING AND EVENING SKIN TONE, WHILE FIGHTING THE SIGN OF AGEING AND FREE RADICAL DAMAGE.

Hyperpigmentation | The presence of Arbutin and Kojic Acid helps in reducing hyperpigmentation, dark spots, and uneven skin tone by targeting melanin production.

Pro-ageing | Retinol, Vitamin C, and Glutathione work together to promote collagen and elastin production, helping to reduce the appearance of fine lines and wrinkles, restoring skin elasticity and contributing to a more youthful appearance.

Skin protection | Antioxidants like Vitamin C, Ferulic Acid, and Glutathione defend the skin against free radicals and environmental stressors, preventing premature ageing and maintaining overall skin health.

Sun damage | Tranexamic Acid and Ferulic Acid offer protection against UV damage, preventing the formation of new spots and reducing the effects of UV radiation on the skin.

Inflammation and redness | Niacinamide's anti-inflammatory properties help to soothe and calm irritated skin, reducing redness and inflammation associated with conditions like acne, rosacea, or atopic dermatitis.

Skin barrier function | Niacinamide also helps to improve the skin barrier function, which is crucial for maintaining skin hydration and preventing moisture loss.

Pore appearance | By moisturising and smoothing the skin, Niacinamide can also improve the appearance of pores, giving the skin a more refined and even texture.

KEY INGREDIENTS

Glutathione, Acids (Tranexamic, Ethyl Ascorbic, Ferulic, Kojic & Azelaic), Arbutin, Squalane, Licorice, Aloe Vera, Niacinamide, Glycerin, Helianthus Annuus, Ethyl Ferulate, Rosmarinus Officinalis, Tocopherol, Encapsulated Retinol Complex

HOW TO USE

Start with 1 pump 3 times a week in the evening. Increase to 2 pumps 4-5 times a week if tolerated. Irritation, dryness and some peeling effect is normal. Follow up with '5 a day' to keep skin healthy, hydrated and supple.

AS A LAKE 30ml / 1.75 fl oz

ANTI-INFLAMMATORY CREAM

CALM INFLAMMATION WITH 15% AZELAIC ACID, SALICYLIC ACID + PEPTIDES.

Introducing our advanced skincare powerhouse! Packed with potent ingredients, this product is a multi-tasking marvel that delivers a wide range of benefits for your skin. Our unique formula is designed to provide comprehensive care, addressing multiple skin concerns and promoting a youthful, glowing complexion.

With regular use, you can expect:

Youthful Radiance | Our powerful blend of antioxidants, including Glutathione, helps to fight against free radicals and reduce the signs of ageing, leaving your skin looking youthful and radiant.

Clear, Smooth Skin | Azelaic Acid and Salicylic Acid work in synergy to combat acne and rosacea, exfoliate the skin, and unclog pores, revealing a smoother, clearer complexion.

Deep Hydration | Hyaluronic Acid (HA) deeply hydrates the skin, boosting its moisture levels and improving its barrier function, resulting in soft, supple skin with a plump and healthy appearance.

Skin Tone and Texture Improvement | Niacinamide minimises pore appearance, reduces inflammation, and promotes smoother and more even skin tone, resulting in a smoother, more refined complexion.

Muscle-Relaxing Effect | Hexapeptide 8, a "botox-like" peptide, helps to suppress muscle contractions that lead to the formation of wrinkles, promoting a firmer, more youthful-looking skin.

Comprehensive Skin Care | Our product is formulated to provide a holistic approach to skincare, addressing multiple skin concerns including anti-ageing, acne, inflammation, hydration.

KEY INGREDIENTS

Glutathione, Acids (Salicylic & Azelaic), Allantoin, Crosspolymer Ha, Hydrolyzed Ha, Caffeine, Ign Botanical Complex D, Acetyl Hexapeptide-8 & Octapeptide-3, Licorice, Red Algae, Niacinamide, Glycerin, Centella Asiatica.

HOW TO USE

Apply 1-2 pumps, am and pm daily, or as often as you need. Use alone, or on top of any serum to lock in moisture.

PEP TALK 30ml / 1.75 fl oz

INSTANT MASK PEEL

REVITALISE, BRIGHTEN AND INCREASE COLLAGEN, WITH AHAS, BHA + PEPTIDES.
HAVE A WORD WITH YOUR SKIN TO PERFORM BETTER, WORK HARDER AND BE MORE CONFIDENT!

A quick yet potent pick me up for your complexion. This non-drying formulation will polish and refine your skin in an instant. Use this instant pick-me-up with our potent formulation featuring a blend of powerful acids, Glutathione, AHAs, BHAs, Encapsulated Retinol Complex, Kaolin, and Green Tea/Aloe to refine and polish your complexion instantly without drying out. Using 3 times a week will help blemishes, and pro ageing. Pep Talk offers a well-rounded approach to skincare, targeting ageing, hyperpigmentation, inflammation, and skin texture concerns.

Skin lightening and detoxification | Glutathione is a powerful antioxidant that helps lighten the skin and protect cells from free radical damage.

Exfoliation and brightening | The blend of Tranexamic, Salicylic, Kojic, Azelaic, Ethyl Ascorbic, Lactic, and Glycolic acids offers various benefits, including reducing hyperpigmentation, exfoliating dead skin cells, unclogging pores, and promoting a brighter, more even complexion.

Oil absorption and skin purification | Kaolin and Hectorite Clay work to absorb excess oil, draw out impurities, and gently exfoliate the skin, refining its texture. **Nourishment and hydration** | Sweet Almond Oil provides essential vitamins and fatty acids that nourish and moisturise the skin, while Glycerin acts as a natural humectant, attracting and retaining moisture.

Soothing and calming | Aloe Vera and Paeonia Lactiflora both help to calm irritated skin, reduce inflammation, and promote healing.

Antioxidant protection | Green Tea and the IGN Botanical Complexes 45 & 134 offer potent antioxidant benefits, defending the skin against environmental stressors and promoting overall skin health.

Pro-ageing | The combination of Encapsulated Retinol Complex, Acetyl Hexapeptide-8, and Octapeptide-3 works to stimulate collagen production, promote skin cell renewal, and reduce the appearance of fine lines and wrinkles.

KEY INGREDIENTS

Glutathione, Acids (Tranexamic, Salicylic, Kojic, Azelaic, Ethyl Ascorbic, Lactic & Glycolic), Kaolin, HectoriteClay, Sweet Almond, AloeVera, GreenTea, IGNBotanical Complex 45 & 134, Acetyl Hexapeptide-8 & Octapeptide-3, Glycerin, Paeonia Lactiflora, Encapsulated Retinol Complex.

HOW TO USE

Apply an even layer of mask to your face and/or neck for 3-5 mins depending on your skin sensitivity, rinse off, use 3 times a week. Follow with 5-a-day to protect the skin barrier. 30ml / 1.75 fl oz.

NIGHT SHIFT 50ml / 1.75 fl oz

OVERNIGHT GRADUAL PEEL CREAM

28- DAY SKIN REJUVENATION TREATMENT, WITH AHAS, BHAS + KOJIC ACID.
DON'T SLEEP ON YOUR SKIN, BECAUSE YOUR SKIN NEVER SLEEPS. LET NIGHT SHIFT PULL
AN ALL-NIGHTER, WHILE YOU GET YOUR BEAUTY SLEEP.

A powerful night peel that works with your skin's natural 28-day cell turnover cycle, to reverse skin damage while improving texture, tone and firmness. Skin lightening and detoxification | Glutathione is a powerful antioxidant that helps lighten the skin and protect cells from free radical damage.

Exfoliation and brightening | The blend of Tranexamic, Salicylic, Lactic, Azelaic, Kojic, Glycolic, and Ethyl Ascorbic acids offers various benefits, including reducing hyperpigmentation, exfoliating dead skin cells, unclogging pores, and promoting a brighter, more even complexion.

Hydration | Sodium Hyaluronate is a powerful humectant that helps retain moisture in the skin, providing lasting hydration and plumping the skin's appearance.

Nourishment and soothing | Sweet Almond Oil and Aloe Vera provide essential nutrients, vitamins, and fatty acids that nourish, moisturise, and calm irritated skin.

Antioxidant protection and anti-inflammatory | Green Tea and Licorice offer potent antioxidant and anti-inflammatory benefits, defending the skin against environmental stressors, reducing redness, and promoting overall skin health.

Plant-based support | IGN Botanical Complexes 45 & 134 provide additional benefits from plant extracts, such as antioxidant protection, soothing irritated skin, and improving overall skin health.

Pro-ageing | Acetyl Hexapeptide-8 is a peptide that helps relax facial muscles and reduce the appearance of fine lines and wrinkles. Moisture retention | Glycerin is a natural humectant that attracts moisture to the skin, keeping it hydrated and maintaining its barrier function.

KEY INGREDIENTS Glutathione, Acids (Tranexamic, Salicylic, Lactic, Azelaic, Kojic, Glycolic & Ethyl Ascorbic), Sodium Hyaluronate, Sweet Almond, Aloe Vera, Green Tea, Licorice, IGN Botanical Complex 45&134, AcetylHexapeptide-8, Glycerin.

HOW TO USE

After Cleansing, use 1 pump for the whole face, omitting the eye area. Do not wash off or apply any additional products. Use nightly until the product is gone. Use SPF daily.

THE PERFECT PEEL SKINCARE

THE PERFECT C

HYALURONIC & PEPTIDE
PERFECTION SERUM

THE PERFECT CLEANSER

THE PERFECT
BODY WASH

THE PERFECT BODY
LOTION



THE PERFECT C 30ml / 1.75 fl oz

A hydrator serum, not a moisturiser!

Don't just stop 'their' moisturiser, and start The Perfect C- wean them off.

- Scientifically advanced anti-ageing formulation utilising phyto stem cell technology combined with powerful active ingredients to assist in dermal age intervention.
- Contains symphytum officinale root cell extract from the herb comfrey known to accelerate the skin's natural cellular renewal process it also contains a potent complex of peptides and amino acids that moisturise wrinkles and diminish their appearance This formulation includes a 20% concentration of vitamin C, essential for collagen biosynthesis, and ferulic acid providing deep antioxidant protection for your skin ingredients work synergistically together to maintain the appearance of youthful skin
- Vitamin C is also a depigmenting agent that stimulates anti-inflammatory activity and can be used in conditions like acne vulgaris and rosacea it can promote wound healing and prevent post-inflammatory hyperpigmentation

KEY INGREDIENTS

Ethyl Ascorbic Acid | The most advanced form of vitamin C available, ethyl ascorbic acid provides superior skin lightening and collagen synthesis for a clearer, more youthful complexion Ethyl ascorbic acid is a very stable "C" that deeply penetrates the epidermis for maximum benefits.

Palmitoyl Tripeptide-38 | Innovative cell communicating peptide, reduces wrinkles by rebuilding collagen and elastin.

Ferulic Acid | Extracted from rice bran oil, ferulic acid is one of the most potent natural antioxidants in vivo testing has shown it to be highly effective, inhibiting tyrosinase function and formation of melanin Symphytum Officinale Root.

Cell Extract | Derived from comfrey leaf, this extract has a high content of vitamin C, carotene and B12 it also contains allantoin, which helps stimulate new cell growth and soothe irritated or inflamed skin.

Benefits

- Powerful antioxidant activity stimulates the skin to produce it's natural moisturisers - glycosaminoglycans.
- Evens and luminises skin tone, reduces dark spots and improves skin discolouration.
- Improves acne in 80% of patients.
- Diminishes fine lines and wrinkles.
- Decreases risks associated with uVa/uVB damage; enhances results of sun protectors.
- Elongates the effects of The Perfect Peel® Superblend anti-inflammatory action for conditions like acne.

DIRECTIONS

Apply The Perfect C every morning and evening to the face, neck and chest. The skin should be thoroughly cleansed and dried prior to application.

HYALURONIC & PEPTIDE PERFECTION SERUM 30ml / 1.0 fl oz

Professional skin nourishing, antioxidant hyaluronic acid serum, featuring multi-functional peptides. This hyaluronic perfection serum with peptides helps the skin attain elasticity and firmness, while retaining maximum skin moisture. Skin is hydrated, smooth and dewy.

KEY INGREDIENTS

Hyaluronic Acid | boosting hydration levels, flexible strength, barrier repair, smooth skin's outer surface layers it looks and feels softer.

Glycerin | plant derived humectant that hydrates and softens.

Arbutin | natural whitening agent from the extract of the Bearberry plant, it is anti-inflammatory and an anti-bacterial.

Niacinamide | helps to regulate oil secretion, useful for oily and combination skin.

Kojic acid | reduce the production of melanin which is responsible for the skin colour thereby helping to lighten skin discolouration and dark spots and is an antioxidant.

Palmitoyl Dipeptide 5 | helps to improve skin elasticity, firmness and overall volume by stimulating the production of collagen variations.

Benefits

- Hyaluronic acid can enhance moisture content beyond comparison.
- Hyaluronic Acid Perfection Serum is designed to minimise visible signs of ageing, like wrinkles and age spots by boosting your skin's natural moisture level.
- Keeps skin hydrated for hours without clogging pores.
- Conditions, soothes and softens skin, delivering an instant dewy glow upon application.
- Ideal for acne-prone skin.
- Paraben and dye free.
- Elongates the effects of The Perfect Peel®.

DIRECTIONS

Thoroughly cleanse with The Perfect Cleanser and dry prior to application. After cleansing, apply 4-6 drops onto the face and neck, morning and night before creams. Can be applied prior to the Perfect C. Apply as a first step prior to all other products.

THE PERFECT CLEANSER 237ml / 8.0 fl oz

The Perfect Cleanser is a luxurious based aloe gel cleanser that deep cleanses without irritation featuring azelaic acid, willow bark, green tea and sugarcane.

KEY INGREDIENTS

[Aloe Barbadensis Leaf Extract](#) | Cooling and soothing and , promotes healing of inflamed lesions such as acne and rosacea.

[Salix Nigra \(Willow\) Bark Extract](#) | anti-inflammatory.

[Azelaic Acid](#) | Reduces skin inflammation, brightens skin. Helps to kill the bacteria that cause acne and rosacea.

[Camellia Sinensis \(Green Tea\) Leaf Extract](#) | EgCg - strong antioxidant effect that protects the skin from the damaging effect of free radicals, inhibitory action on collagenase (a collagen-reducing enzyme that breaks down collagen) since green tea extract helps to inhibit collagenase, the topical use of green tea helps to promote the health and quantity of collagen, thereby maintaining a firm and elastic skin.

[Saccharum Officinarum \(Sugarcane\) Extract \(glycolic acid\)](#) | antiseptic and exfoliating which help with and improve photo damaged skin.

[Glycerin](#) | a humectant that has the ability to hydrate topically and penetrates the cell membrane to hydrate from within.

[Antioxidants Vitamin E & Panthenol](#) | improves hydration, reduces itching and inflammation of the skin, and accelerates epidermal wounds' rate of healing.

Benefits

- Promotes skin renewal and reduces pimple and blackhead formation.
- Calms and soothes skin.
- Powerful anti-inflammation activity for conditions such as acne vulgaris and rosacea.
- Boosts skin's ability to retain moisture.
- Provides essential components to assist with collagen synthesis.
- Deep cleanses while imparting skin-nourishing ingredients.
- Elongates the effects of The Perfect Peel® Superblend.

DIRECTIONS

Apply about 1/2 a pea sized amount of cleanser to damp hands, lather, cleanse, and rinse thoroughly.

THE PERFECT BODY WASH 237ml / 8.0 fl oz

The Perfect Body Wash with 15% glycolic acid deep cleans and exfoliates the skin, azelaic acid brightens and reduces irritation. This product also features the master antioxidant glutathione.

KEY INGREDIENTS

Glycolic Acid (15%) | Exfoliates and brightens skin.

[Aloe Barbadensis Leaf Extract](#) | Cooling and soothing and , promotes healing of inflamed lesions such as acne and rosacea.

[Azelaic Acid](#) | Reduces skin inflammation, brightens skin. Helps to kill the bacteria that cause acne and rosacea.

[Glutathione](#) | a powerful anti-ageing antioxidant that lightens skin; also aids in natural cell detoxification by protecting cells from free radical damage.

[Niacinamide](#) | a potent cell-communicating ingredient that offers multiple benefits for ageing skin. Improves skin's elasticity, dramatically enhance its barrier function, help erase discolorations, and revive skin's healthy tone and texture, ability to treat an uneven skin tone and to mitigate acne and the red marks it leaves behind (known as post-inflammatory hyperpigmentation).

[Antioxidants Vitamin E & Panthenol](#) | improves hydration, reduces itching and inflammation of the skin, and accelerates epidermal wounds' rate of healing.

Benefits

- Powerful antioxidant activity from the vitamin C.
- Glycolic acid chemically exfoliates the skin, reduces many skin concerns.
- Provides essential components to assist with collagen synthesis.
- Assists with skin lightening, brightening and clarifying.
- Improves acne.
- Elongates the effects of The Perfect Peel™ body applications.

DIRECTIONS

Apply about a pea sized amount of product, lather and rinse.

THE PERFECT BODY LOTION 237ml / 8.0 fl oz

The Perfect Body Lotion contains glycolic acid, Retinol, glutathione and is packed with botanicals, exfoliates, lightens and brightens the skin for a healthy glow

KEY INGREDIENTS

Glycolic Acid (15%) | Exfoliates and brightens skin.

Glutathione | a powerful anti-ageing antioxidant that lightens skin; also aids in natural cell detoxification by protecting cells from free radical damage.

Azelaic Acid | Reduces skin inflammation, brightens skin
Glycerin | a humectant that has the ability to hydrate topically and penetrates the cell membrane to hydrate from within.

Retinol (Vitamin A) | promotes cell turnover and suppresses pigment from forming.

Acetyl Hexapeptide 8 | is known for suppressing muscle contractions that form wrinkles but also is a firming agent.

Butyrospermum Parkii (Shea Butter) | provides moisture without greasiness, acts as an occlusive seal to keep all active ingredients functioning at maximum levels, and is high in triglycerides, vitamins a & E and gamma linolenic acid.

Benefits

- Glycolic acid provides a powerful chemical exfoliation, helping to improve overall texture.
- Skin is hydrated from within, feeling soft and smooth.
- Skin firming ingredients improve tone, restoring elasticity.
- Skin concerns such as acne vulgaris and rosacea is improved by reducing inflammation and killing bacteria.
- Improves acne.
- Elongates the effects of The Perfect Peel™ body applications.

DIRECTIONS

Apply after bathing or showering. Caution, may sting after shaving. Apply as needed throughout the day. Always protect skin with SPF of at least factor 30 and limit sun exposure while using this product.

THE PERFECT PEEL® INFORMED CONSENT

1. I authorise The Perfect Peel® Superblend to be applied to my face, neck, décolletage and/or any other part of the body.
2. Depending on the area to which the chemical peel is applied, there may be redness and/or irritation and discoloration that may persist for several days or weeks.
3. Occasionally hyperpigmentation or hypopigmentation may develop after the peel that might persist for weeks or months.
4. With each chemical peel results are achieved. Nevertheless, no guarantees can be made as to the final results. Any number of chemical peels may be required to achieve desired results; depending on the present skin condition, skin care maintenance program, age and lifestyle of the patient.
5. Once the desired results are achieved, I understand that maintenance peels are necessary to sustain the rejuvenated results. The frequency depends on the individual's own genetics, age, and lifestyle.
6. Once the peeling process is complete, it is essential to follow post peel instructions and/or use other products to maintain results and avoid any further complications, especially hyperpigmentation.
7. I understand that this peel consists of strong acids such as Trichloroacetic acid (TCA), resorcinol, Salicylic acid Retinol acid among others. The exact composition is proprietary information of The Perfect Peel® Superblend system. Therefore I waive any rights, present or future, that I may have as to request to divulge the exact composition or concentrations.
8. Services are cosmetic in nature and are non-refundable. I understand that payment is my sole responsibility.
9. I understand that pregnancy, breast-feeding, allergy to any of the ingredients and use of Roaccutane during the last 3 months are contraindications to this treatment.

I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I certify that I have read and fully understand the above information and that I had sufficient opportunity for discussion and/or to ask any questions.

Patient Name (please print)

Patient Signature

Practitioner Signature Date

THE PERFECT PEEL® SUPERBLEND

TREATMENT NOTES TO BE COMPLETED BY AESTHETIC PROFESSIONAL

Name _____
DOB _____
Male Female

Patients concerns/goals _____

Skin Assessment

Fitzpatrick skin type (circle): I II III IV V VI

Check all that apply:

Normal Dehydrated Dry Sensitive Excoriations Rosacea Telangiectasias
Hyperpigmentation Scars Other

Skin Care Products

TREATED AREA

Face Neck Dry Chest Back Other

STEP 1 | PREPPING : Cleanser Acetone Alcohol

STEP 2 | PEELING: Number of Passes 1 2 3

Amount of pressure applied Light Medium Strong

SKIN REACTION

Erythema None Mild Moderate Severe Areas of Affected _____

Burning None Mild Moderate Severe Areas of Affected _____

Frosting None Mild Moderate Severe Areas of Affected _____

Other Yes No

Other (please list)

Post Care Instructions Yes No Date/Lot of Product _____

Practitioner Signature Date

TREATMENT NOTES

Treatment Notes

Treatment Notes

Treatment Notes



THE PERFECT PEEL®
Superblend

