



THE PERFECT PEEL[®]



CLINIC MANUAL

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Thank You For Choosing The PERFECT PEEL®

This unique formula debuts a new era in skin health and as we simply put it “Perfection: The Future of Skin Rejuvenation”. Never before has a peel offered results at this level to all ranges of skin types. The Perfect Peel® founds itself on a key anti-ageing ingredient never before used in a peel: Glutathione. Glutathione is the ultimate antioxidant known to prevent damage to important cellular components caused by free radicals and peroxides. As we age, our Glutathione levels are depleted due to sun exposure, air pollutants and environmental stress. The Perfect Peel® is the only peel that premieres Glutathione as a founding component and is the only true anti-ageing ingredient offered exclusively in our formula. The Perfect Peel® works from the inside to repair and nourish the skin by giving it a radiant glow, refining pores, improving skin hyperpigmentations, lifting melasma, diminishing fine lines and wrinkles, eliminating acne and preventing acne marks. Most importantly, the Glutathione element defies the ageing process. Glutathione penetrates deep into the cellular level of the skin to fight oxidant damage and is the anti-ageing answer to premature wrinkling. Glutathione is proven to reverse the melanin’s metabolism turning dark pigmentations (eumelanin) into light pigmentation (phaeomelanin).

The Perfect Peel® is considered a medium depth peel and is effective in delivering a vast improvement with just 1 treatment. The peel is not painful during application and entails a slight sting for the first 30-45 seconds. Patients will experience peeling throughout days 3-6 and will be completely finished with the peeling process by day 7. For further information about The Perfect Peel® please log into your account on Prfkt®Pro. We look forward to bringing your practice to the next level.

Kind regards,

Prfkt®Pro

ABOUT THE PERFECT PEEL ®

The Perfect Peel® is a revolutionary peel that will transform your skin into younger, healthier looking skin in just one week! The Perfect Peel® can be used on all skin types and requires no pre-peel skin preparation. The Perfect Peel® process takes less than 15 minutes and is virtually pain free. The Perfect Peel® combines Glutathione, Kojic Acid, TCA, Retinoic Acid, Phenol, Salicylic Acid and a blend of minerals and vitamins, including vitamin C. The anti-oxidant Glutathione neutralises the harmful effects of free radicals and actually slows down the aging process and prevents wrinkles.

Kojic Acid is a powerful lightening agent, proven to increase collagen and elastin production, resulting in skin that is brighter and tighter. TCA, Phenol and Retinoic Acid reduce wrinkles and correct pigment problems, while Salicylic Acid exfoliates the skin and reduces inflammation. Alone the ingredients are powerful, but in combination they produce results that are ASTONISHING.

Along with The Perfect Peel®, patients are able to take home an individual home treatment pack. This pack contains Retinol wipes and a vitamin C moisturiser to assist the peeling process and enhance results.

Following are just some of the predictable results you can expect from The Perfect Peel ®.

- Improve the overall tone and texture of your skin
- Lighten and brighten your skin
- Remove or reduce sun damage and age spots
- Reduce pore size and soften fine lines and wrinkles
- Reduce or eliminate hyperpigmentation and acne scars
- Stimulate the production of collagen resulting in firmer skin
- Slow down the ageing process and prevent wrinkles

The Perfect Peel® is a medical grade peel which must be applied by a trained professional.

We just know you are going to love the results!

THE PERFECT PEEL® SCIENCE

A BLENDED APPROACH

Formulation

The Perfect Peel® was created in 2011 using FDA approved acids: TCA, Salicylic Acid, Retinoic Acid and Phenol - all used commonly in chemical peels. In 2015 Medica Forte brought The Perfect Peel® to the UK. With Glutathione and Kojic Acid, these two additional ingredients differentiate The Perfect Peel® from others on the market, working gently and safely to lighten pigmented skin. Glutathione is an antioxidant that combats free radical damage and offers brightening effects. Kojic Acid is a natural acid, derived from the fermentation of rice that inhibits melanin production while simultaneously reduces disorders such as melasma and post-inflammatory hyper-pigmentation. The Perfect Peel® is a proprietary combination of peeling agents and uses multiple acids at lower concentrations delivering deep results without negative side effects. Since 2011, Bella Medical Products has sold The Perfect Peel® to approximately 2,000 medical practices in the US, Canada and the Middle East.

Blended Acid Peels

Blended peels have been administered for well more than 20 years; over the last decade, however, there has been a noticeable spike of interest in the industry. Blended peel treatments are more controlled in their penetration than straight acid chemical peels. Blended peels simultaneously induce exfoliation while also infusing the skin with added beneficial ingredients. These added ingredients often make it unnecessary to neutralise the acid, which can also be advantageous. Straight AHA peels, for example, require neutralisation (Draelos & Lowe, 2002) (Dewandre & Rubin, 2006). If not neutralised, AHA can potentially collect in the upper portions of the skin, causing surface irritation and even burns. Neutralisation, while necessary in this instance, can release more free carboxylic groups and reduce the pH of the skin even further, increasing stimulation and inflammation. By using several acids blended together, each can be used at a lower percentage, thereby maximising outcomes, and minimising side effects, including the risk of pooling in the epidermis (Dewandre & Rubin, 2006). Blended solutions are exceptionally good choices when creating combined therapies. Because of their combinations of multiple, lower percentage peeling agents, they are well-suited to these types of treatments.

Salicylic Acid

Salicylic acid (SA) is a lipophilic keratolytic that is considered a beta hydroxy acid. Salicylic acid has the ability to dissolve follicular impactions, reducing acne lesions. Also suitable for sensitive skin conditions, higher Fitzpatrick skin types and rosacea, SA provides notable anti-inflammatory exfoliation benefits (Grimes, 1999). This is a favourable option for Fitzpatrick skin types I-VI. Salicylic acid can be used in combined modality protocols, but because of its keratolytic action, it is best used in conjunction with modalities that are not used primarily for the removal of hyperkeratinisation.

THE PERFECT PEEL® SCIENCE

A BLENDED APPROACH

Trichloroacetic Acid

Trichloroacetic acid is a practical and versatile solution used in chemical peeling. Trichloroacetic acid stimulates collagen production and smoothes surface texture. It is ideal for the correction of rhytides, keratoses, dyschromias, and scarring (Harmon et al., 2006). Trichloroacetic acid also reduces hyperpigmented keratinocytes.

Percentages range, on average, from 6% to 50%. Trichloroacetic acid, in general, is appropriate for all Fitzpatrick skin types; however, percentages higher than 10% should be avoided unless the patient is thoroughly prepared with dyschromia-controlling products. If higher percentages are used, one should not consider adding additional modalities to that particular protocol to avoid overtreatment.

Retinoic Acid

Retinoids encompass all forms of vitamin A. The forms used most often for professional treatments are retinoic acid, retinaldehyde and retinol. These agents encourage cellular turnover and regulation of abnormal desquamation, while reducing the incidence of corneocyte cohesion (Harmon et al., 2006). Science suggests that retinoids have the capacity to reduce the activation of matrix metalloproteinase enzymes, such as collagenase (Clark, 1999). Retinoids not only are melanogenesis inhibitors but also stimulate the production of collagen and discourage hyperkeratinisation within the follicle (Draelos, 2005). Retinoids are safe for all Fitzpatrick skin types I-VI, although retinoic acid may induce significant amounts of topical irritation. If surface irritation is a concern, retinol is an effective alternative (Draelos, 2005). Retinoids typically cause little irritation upon application in a professional setting, so they are excellent options for combined modality treatments.

Glutathione

Glutathione is an antioxidant that each cell in your body is able to make. We get most of our antioxidants from food sources, but cells are able to synthesise their own glutathione from three amino acids, glycine, L-glutamic acid and L-cysteine. Glutathione can be combined with many other agents like vitamin C to increase its absorption. Glutathione plays a vital role in the health of every cell in the body, but it's found in highest concentration in the liver where it helps this particular organ to detoxify and break down drugs, heavy metals, toxins and carcinogens. When the liver has higher levels of glutathione, it's able to better do its job of detoxifying. At least half of sun-related skin damage is due to free radical formation, and there's mounting evidence that topical antioxidants like glutathione, alpha-lipoic acid and vitamin C can mitigate some of this damage and reduce the signs of skin aging. Glutathione is a powerful antioxidant that may have skin anti-aging benefits when used topically.

Glutathione may also reduce skin inflammation after procedures like laser resurfacing. Combinations of antioxidants may be synergistic and more effective than a single antioxidant in a product. That's why cosmetic and skin care products often contain more than one antioxidant. Some products that may contain glutathione include facial scrubs, moisturisers, anti-ageing products, toners, exfoliating products and sunscreen. Is glutathione safe? There are oral supplements of glutathione available, but they may not be well absorbed. Since glutathione is found naturally in the body, it's unlikely to be harmful. If it's inhaled by people with asthma, it can cause breathing problems, and it may interact with some medications. Glutathione appears to be safe in the amount found in cosmetic and personal care products. The Environmental Working Group's Skin Deep Database classifies it as a low hazard cosmetic ingredient.

THE PERFECT PEEL® SCIENCE

A BLENDED APPROACH

Kojic Acid

Kojic acid (5-hydroxy-w-(hydroxymethyl)-4-gammapyrone) is employed in the present invention to chelate to the copper atoms in tyrosinase, the key enzyme in melanin production. Kojic acid is a fungal metabolite derived from the fermentation of rice that inhibits melanin production while simultaneously reduces disorders such as melasma and postinflammatory hyper-pigmentation.

Phenol

At a low concentration of 8%, phenol aids in skin penetration and acts as a delivery vehicle for the other constituent acids. It has antiseptic and anesthetic properties and provides long lasting solutions to major issues such as deep-set wrinkles and more. Phenol offers a deeper peel with results that can be dramatic and last many years.

References

Chemical Peels and Combination Therapies. Jennifer Linder MD. Plastic Surgical Nursing, June 2013. Volume 33 Number 2. Pages 88 - 91.

Frequently Asked Questions?



Q. How does The Perfect Peel® compare to other peels?

A. The Perfect Peel® combines intense ingredients with effective acids to deliver consistent results after just a few treatments. This unique formula allows for an improvement of fine lines and wrinkles as well as improving pigmentation.



Q. How many treatments are necessary for visible improvement?

A. After one treatment of The Perfect Peel®, overall skin tone and complexion will appear smooth, glowing and fresh. Depending on skin conditions, multiple treatments may be necessary for desired results. A series of 2-3 treatments applied once every 4 weeks will allow for optimal results for more severe skin conditions such as melasma and active acne.



Q. How long will my results last?

A. As long as the skin is maintained with good quality skin care products like 5-a-Day and Hyaluronic perfection serum the improved results will last. We recommend at least two treatments of The Perfect Peel®.



Q. What skin types respond well to The Perfect Peel®

A. All skin types (Fitzpatrick 1-6) are safe to treat and will reveal considerable improvements from The Perfect Peel®.



Q. What type of preconditioning is required?

A. The Perfect Peel® requires no preconditioning of the skin prior to treatment, however patients should stop all actives 2 weeks prior to having their peel. Only patients who use Roaccutane must stop usage 3 months prior to treatment in order to achieve desired results.



Q. Does The Perfect Peel® burn?

A. The patient may feel a slight stinging or tingling sensation which will subside within 30-45 seconds. The patient will feel much more comfortable once the first pass of The Perfect Peel® solution is applied. A fan or cool breeze may be used for the comfort of the patient.



Q. How long will the application process take?

A. The Perfect Peel® application only takes 15 minutes to administer.



Q. How severe is the peeling and what is the duration of the peeling process?

A. The amount of peeling skin associated with The Perfect Peel® is primarily a shedding of thin sheets of the epidermis, which begins around day three and is generally complete by day six or seven.



Q. What will I look like during The Perfect Peel® treatment process and post peel?

A. Immediately after the peel has been applied the skin will either appear red, like a sunburn, or darker. On day three peeling will begin. By day six or seven the peeling process should be complete and the results are visibly astonishing.



Q. Will my daily routine be affected after the treatment?

A. Normal activities may be resumed immediately post peel. We only recommend avoiding heavy exercise and excessive sweating during the peeling process (avoid spa's, gyms etc).



Q. Can makeup be worn post peel?

A. The day the peel is applied the patient should not put any make up or other products on his or her face post peel. Makeup may be worn on day 2 of the peeling process.



Q. How many treatments are required?

A. The Perfect Peel® may be applied initially every four weeks if necessary until the desired results are achieved. Thereafter, we recommend once every 3-4 months to maintain improved skin results, as well as to prevent further aging and environmental damage.



Q. Can The Perfect Peel® be applied to other parts of the body other than the face?

A. The Perfect Peel® can be applied to other areas of the body, including face, neck, chest, back and hands.

However, the process and the results will not necessarily be the same.



Q. Will The Perfect Peel® help improve acne and acne scars?

A. The Perfect Peel® formula was designed to help improve various problematic skin conditions, including acne. The Perfect Peel® helps minimise the damage and scarring caused by acne. Glutathione helps increase cellular turnover to dramatically improve stubborn acne scars. A series of peels will be necessary to diminish active acne, damage and scarring.



Q. How many treatments are necessary to resolve acne scars?

A. Depending on the severity of the scarring, a series of 3-4 peels every four weeks will be needed for optimum results. The number of treatments will also depend on how vigorously the layers are applied.



Q. How will The Perfect Peel® improve my skin?

A. The Perfect Peel® will help erase fine lines and wrinkles, reduce enlarged pores, build collagen and elastin which will help to tighten and firm the skin. In addition, it will reduce or even eliminate hyperpigmentation and melasma. Acne and acne scars are dramatically improved. The treatment fights free radical damage to remove discoloration due to sun damage and even out overall skin tone and complexion.



Q. Will my skin be sensitive post peel?

A. Skin will be more sensitive during the peeling process until the PH level is replenished.



Q. Who is qualified to purchase/order The Perfect Peel®?

A. GMC registered Doctors, GDC registered Dentists and NMC registered Nurses.



Q. Is sun exposure permitted post peel?

A. Sun exposure should be limited or avoided before and during the peel process to avoid uneven exposure. SPF 50 should be worn.



Q. When can the patient receive their next treatment of The Perfect Peel®?

A. 4 weeks after recovery (once the entire peel process is complete).



Q. Is there an age requirement or restriction to use The Perfect Peel®?

A. 18 (advised) to 75 years old, those with any health conditions should check with their Doctor prior to treatment.

THE PERFECT PEEL® PLUS BOOSTER

The Perfect Peel® Plus booster contains the same synergistic blend of ingredients as The Perfect Peel®, but at a higher concentration, that is about 25% stronger than The Perfect Peel®. The Perfect Peel® Plus booster is an excellent addition for treating stubborn hyperpigmentation and melasma, thick resilient skin, actinic keratosis, and age spots on hands, arms and chest. The Perfect Peel® Plus booster is to be used in conjunction with The Perfect Peel®.

INGREDIENTS: Glutathione, Kojic Acid, TCA, Retinoic Acid, Salicylic Acid, Phenol, and a blend of minerals and vitamins, including vitamin C. **DIRECTIONS:** The Perfect Peel® Plus booster is to be mixed in with the The Perfect Peel®, then administered, it is NOT to be used as a spot treatment on its own.

ADDITIONAL NOTES: The Perfect Peel® Plus booster is suitable for thick, resilient skin types with a severe skin condition. Use extra caution on Fitzpatrick skin types 4 and above.



THE PERFECT PEEL® CLEAR BOOSTER

The Perfect Peel® Clear booster is an excellent addition for patients with moderate to severe acne or acne scars on the face, chest, back or any body area. **INGREDIENTS:** Benzoyl Peroxide, Glutathione, TCA, Retinoic Acid, Salicylic Acid, Phenol, hydrocortisone and Vitamin C.

DIRECTIONS: The Perfect Peel® Clear booster is to be mixed with The Perfect Peel®, then administered. The Perfect Peel® Clear booster is NOT to be used as a spot treatment on its own. **ADDITIONAL NOTES:** The Perfect Peel® Clear booster is not suitable for sensitive skin types, or for first time The Perfect Peel® patients. Use extra caution with Fitzpatrick Skin Types 4-6. As the skin on the neck is thin and sensitive, apply 1-2 light layers only.

IMPORTANT INFORMATION: Patients may experience additional downtime, irritation and redness, and may peel twice. The face and neck may peel up for 10-12 days. Body areas may peel for 2-3 weeks.



THE PERFECT C

The Perfect C is a scientifically advanced anti-aging formulation utilising photo stem cell technology combined with powerful active ingredients to assist in dermal age intervention. The Perfect C contains Symphytum Officinale root cell extract from the herb comfrey known to accelerate the skin's natural cellular renewal process. It also contains a potent complex of peptides and amino acids that moisturise wrinkles and diminish their appearance. This formulation includes a 20% concentration of vitamin C, essential for collagen biosynthesis, and ferulic acid providing deep anti-oxidant protection for your skin. Ingredients work synergistically together to maintain the appearance of youthful skin. Vitamin C is also a depigmenting agent that stimulates anti-inflammatory activity and can be used in conditions like acne vulgaris and rosacea. It can promote wound healing and prevent post inflammatory hyperpigmentation.

THE PERFECT C, KEY ACTIVES

ETHYL ASCORBIC ACID The most advanced form of vitamin C available, ethyl ascorbic acid provides superior skin lightening and collagen synthesis for a clearer, more youthful complexion. Ethyl ascorbic acid is a very stable "C" that deeply penetrates the epidermis for maximum benefits.

PALMITOYL TRIPEPTIDE-38 Innovative cell communicating peptide, reduces wrinkles by rebuilding collagen and elastin.

FERULIC ACID Extracted from rice bran oil, ferulic acid is one of the most potent natural anti-oxidants. In vivo testing has shown it to be highly effective, inhibiting tyrosinase function and formation of melanin.

SYMPHYTUM OFFICINALE ROOT CELL EXTRACT Derived from comfrey leaf, this extract has a high content of vitamin C, carotene and B12. It also contains allantoin, which helps stimulate new cell growth and soothe irritated or inflamed skin.

10 THE PERFECT C BENEFITS

- Powerful antioxidant activity
- Stimulates the skin to produce its natural moisturisers - glycosaminoglycans
- Evens and luminises skin tone, reduces dark spots and improves skin discolouration
- Provides essential components to assist with collagen synthesis
- Assists with skin lightening, brightening and clarifying by enhancing the inhibition of melanogenesis
- Improves acne in 80% of patients
- Diminishes fine lines and wrinkles
- Decreases risks associated with UVA/UVB damage; enhances results of sun protectors
- Elongates the effects of The Perfect Peel®
- Anti-inflammatory action for conditions like acne vulgaris and rosacea

HOW TO USE THE PERFECT C

For best results, use as a maintenance product after The Perfect Peel®. Apply The Perfect C every morning and evening to face, neck and chest. The skin should be thoroughly cleansed and dried prior to application.



THE PERFECT CLEANSER

The Perfect Cleanser is a luxurious based aloe gel cleanser that deep cleanses without irritation featuring azelaic acid, willow bark, green tea and sugarcane.

KEY INGREDIENTS: Aloe Barbadensis Leaf Extract - Cooling, soothing and promotes healing of inflamed lesions such as acne and rosacea. Salix Nigra (Willow) Bark Extract - Anti-inflammatory. Azelaic Acid - Reduces skin inflammation, brightens skin. Helps to kill the bacteria that cause acne and rosacea. Camellia Sinensis (Green Tea) Leaf Extract - EGCG - Strong antioxidant that protects the skin from the damaging effect of free radicals, inhibitory action on collagenase (a collagen-reducing enzyme that breaks down collagen). Since green tea extract helps to inhibit collagenase, the topical use of green tea helps to promote the health and quantity of collagen, thereby maintaining a firm and elastic skin. Saccharum Officinarum (Sugarcane) Extract (glycolic acid) - Antiseptic and exfoliating which help with and improve photo damaged skin. Glycerin - A humectant that has the ability to hydrate topically and penetrates the cell membrane to hydrate from within. Antioxidants - Vitamin E & Panthenol- improves hydration, reduces itching and inflammation of the skin, and accelerates epidermal wounds' rate of healing.

ADDITIONAL INGREDIENTS: Water, Cocamidopropyl Betaine, Disodium Laureth Sulfosuccinate, Peg-18 Glyceryl Oleate/Cocoate Glycerin, Decyl Glucoside, Sodium Cocoyl Isethionate, Azelaic Acid, Citrus Limon (Lemon) Fruit Extract, Citrus Aurantium Dulcis (Orange) Fruit Extract, Pyrus Malus (Apple) Fruit Extract, Citrus Grandis (Grapefruit) peel Oil, Tocopheryl Acetate, Allantoin, Polyquaternium-10, PEG-150 Pentaerythrityl Tetrastearate, Phenoxyethanol, Caprylyl Glycol, Sorbic Acid, Citric Acid, Fragrance.

BENEFITS: Promotes skin renewal and reduces pimple and blackhead formation. Calms and soothes skin.

DIRECTIONS: Apply about 1/2 a pea sized amount of cleanser to damp hands, lather, cleanse, and rinse thoroughly.



THE PERFECT BODY WASH

The Perfect Body Wash with 15% Glycolic acid deep cleans and exfoliates the skin, Azelaic acid brightens and reduces irritation. This product also features the master antioxidant GLUTATHIONE.

KEY INGREDIENTS: Glycolic Acid (15%) - Exfoliates and brightens skin. Aloe Barbadensis Leaf Extract - Cooling and soothing, promotes healing of inflamed lesions such as acne and rosacea.

Azelaic Acid - Reduces skin inflammation, brightens skin and helps to kill the bacteria that cause acne and rosacea.

Glutathione - A powerful anti-aging antioxidant that lightens skin; also aids in natural cell detoxification by protecting cells from free radical damage.

Niacinamide - A potent cell-communicating ingredient that offers multiple benefits for aging skin. Improves skin's elasticity, dramatically enhance its barrier function, help erase discolorations, and revive skin's healthy tone and texture, ability to treat an uneven skin tone and to mitigate acne and the red marks it leaves behind (known as post-inflammatory hyperpigmentation).

Antioxidants - Vitamin E & Panthenol- improves hydration, reduces itching and inflammation of the skin, and accelerates epidermal wounds' rate of healing.

ADDITIONAL INGREDIENTS: Water, Sodium Laureth Sulfate, Ammonium Lauryl Sulfate, Cocamidopropyl Betaine, Aloe Barbadensis Leaf Juice, Sorbitol, Sodium Hydroxide, Fragrance, Glutathione, Biotin, Folic Acid, Pantothenic Acid, Linoleic Acid, Linolenic Acid, Pyridoxine, Yeast Polypeptides, Tocopheryl Acetate, Tocopherol, Retinyl Palmitate, Ascorbic Acid, Cyanocobalamin, Riboflavin, Thiamine, Disodium EDTA, Diazolidinyl Urea, Iodopropynyl Butylcarbamate, Citric Acid. **BENEFITS:** Exfoliates, evens and brightens skin, promotes healing by calming inflammation.

BENEFITS: Exfoliates, evens and brightens skin, promotes healing by calming inflammation.

DIRECTIONS: Apply about a pea sized amount of product, lather and rinse.



THE PERFECT BODY LOTION

The Perfect Body Lotion contain Glycolic acid, Retinol, Glutathione and packed with botanicals, exfoliates, lightens and brightens the skin for a healthy glow.

KEY INGREDIENTS: Glycolic Acid (15%) – Exfoliates and brightens skin Glutathione – A powerful anti-aging antioxidant that lightens skin; also aids in natural cell detoxification by protecting cells from free radical damage. Azelaic Acid – Reduces skin inflammation, brightens skin. Glycerin – A humectant that has the ability to hydrate topically and penetrates the cell membrane to hydrate from within. Retinol (Vitamin A) – promotes cell turnover and suppresses pigment from forming. Acetyl Hexapeptide 8 – is known for suppressing muscle contractions that form wrinkles but also is a firming agent. Butyrospermum Parkii (Shea Butter) – provides moisture without greasiness, acts as an occlusive seal to keep all active ingredients functioning at maximum levels, and is high in triglycerides, vitamins A & E and gamma linolenic acid.

ADDITIONAL INGREDIENTS: Water, Butylene Glycol, Urea, Isopropyl Myristate, Caprylic/Capric Triglyceride, Cetearyl Isonanoate, Glyceryl Stearate SE, Cetearyl Alcohol, Stearic Acid, Triethanolamine, Acetyl Hexapeptide-8, Retinol, Glutathione, Azelaic Acid, Citrus Aurantium Dulcis (Orange) Callus Culture Extract, Macadamia Ternifolia Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Tocopheryl Acetate, Squalane, Allantoin, Glyceryl Stearate, Peg-100 Stearate, Sorbitan Stearate, Dimethicone, Polysorbate 60, Xanthan Gum, Tetrasodium EDTA, Phenoxyethanol, Ethoxydiglycol, Sodium Hydroxide. **BENEFITS:** Provides exfoliation, hydration, brightening and anti-oxidant protection for the body.

BENEFITS: Glycolic acid provides a powerful chemical exfoliation, helping to improve overall texture, skin is hydrated from within, feeling soft and smooth.

DIRECTIONS: Apply after bathing or showering. Caution, may sting after shaving. Apply as needed. Always protect skin with SPF of at least factor 30 and limit sun exposure while using this product.



HYALURONIC & PEPTIDE PERFECTION SERUM

Professional skin nourishing, antioxidant hyaluronic acid serum, featuring multi-functional peptides.

This hyaluronic perfection serum with peptides helps the skin attain elasticity and firmness, while retaining maximum skin moisture. Skin is hydrated, smooth and dewy. HA - boosting hydration levels, flexible strength, barrier repair, smooth skin's outer surface layers, leaving the skin looking and feeling softer. Glycerin -plant derived humectant that hydrates and softens Arbutin -natural whitening agent from the extract of the Bearberry plant, it is anti-inflammatory and anti-bacterial. Niacinamide - helps to regulate oil secretion, useful for oily and combination skin. Kojic acid - reduces the production of melanin which is responsible for the skin colour, thereby helping to lighten skin discolouration, dark spots and is an antioxidant. Palmitoyl Dipeptide 5 - helps to improve skin elasticity, firmness and overall volume by stimulating the production of collagen variations.

BENEFITS: Hyaluronic acid can enhance moisture content beyond comparison. Hyaluronic & Peptide Perfection Serum is designed to minimise visible signs of ageing, like wrinkles and age spots by boosting your skin's natural moisture level. Delivers long-lasting hydration to visibly improve skin's firmness and texture. Keeps skin hydrated for hours without clogging pores. Conditions, soothes and softens skin, delivering an instant dewy glow upon application. Ideal for acne-prone skin. Paraben and dye free. Elongates the effects of The Perfect Peel®.

DIRECTIONS: Apply 4-6 drops am and pm. Apply as first step prior to all other products



PROFESSIONAL COSMECEUTICALS BLENDED WITH GLUTATHIONE

As an experienced practitioner, you already know the importance of a good skincare routine for maintaining healthy skin. But with so many products on the market, it can be overwhelming to choose the right ones for your clients. That's where Glutaceuticals® by The Perfect Peel® comes in.

“Stop skin overwhelm”
“Faces do better with fewer products.”

Our capsule range of professional skincare and home treatments is designed to simplify your clients' routines while still delivering powerful results. Each product features a unique blend of core acids and key ingredients to target specific skin concerns, making it easy for you to recommend the right product for your clients' needs. With our focus on skin health, you can trust that Glutaceuticals® is a brand that values efficacy and safety above all else and is suitable for all skin types.

5-A-DAY

HIT RESET

AS-A-LAKE

NIGHT SHIFT

PEP TALK



5-A-DAY 30ml / 1.75 fl oz

HEALING, NOURISHING MOISTURISER

REPAIR, RELIEVE & REGENERATE, WITH ARNICA, VITAMIN E, SQUALENE + PEPTIDES
NUTRITIOUS, STRONG, WELL-FED AND PLUMP! FEED YOUR SKIN ITS 5-A-DAY

Heal and condition your skin, leaving it hydrated and enriched. This innovative formula is packed with five superfood extracts - carrot, wheat, plantain, ginkgo, and calendula - along with a potent blend of other key ingredients.

The combination of these ingredients helps to nourish and revitalise the skin from within, while providing powerful antioxidant protection against environmental stressors. Additionally, the formula contains glutathione and squalane to brighten and hydrate the skin, along with acetyl hexapeptide-8 and octapeptide-3 to help reduce the appearance of fine lines and wrinkles. 5-a-Day is perfect for those looking to boost their skin's health and vitality, and is suitable for all skin types. With regular use, you can expect to see brighter, more even-toned skin, along with a reduction in the visible signs of ageing.

Hydration | It delivers essential moisture to the skin, helping to maintain optimal hydration levels and keep the skin soft and supple.

Nourishment | The nutrient-rich ingredients provide essential vitamins, minerals, and fatty acids that nourish and rejuvenate the skin, promoting a healthier complexion.

Antioxidant protection | The moisturiser contains potent antioxidants that protect the skin from environmental stressors, such as pollution and UV radiation, helping to prevent premature ageing and maintain skin's overall health.

Anti-ageing | The inclusion of peptides and other active ingredients helps to stimulate collagen production, reduce the appearance of fine lines and wrinkles, and promote a more youthful appearance.

Soothing and calming | The moisturiser contains botanical extracts with anti-inflammatory and soothing properties that help to calm irritated skin, reduce redness, and promote skin healing.

Skin barrier support | The moisturiser helps to strengthen and maintain the skin's natural barrier function, preventing moisture loss and protecting the skin from external aggressors.

KEY INGREDIENTS

Glutathione, Squalane, Calendula, Wheat, Carrot, Acetyl Hexapeptide-8 & Octapeptide-3, Arnica, Ginkgo, Aloe Vera, Plantain, Vitamin E, Tea Tree, Propolis

HOW TO USE

Apply 1 pump, am and pm daily, or as often as you need. Use alone, or on top of any serum to lock in moisture.

HIT RESET 50ml / 1.75 fl oz

PRO- AGEING & BRIGHTENING, WITH RETINOL, NIACINAMIDE, FERULIC, KOJIC + TRANEXAMIC ACIDS

SUN DAMAGE- WHERE? NEGLECTED SKIN- PROVE IT!
FORGIVENESS IN A BOTTLE, HIT RESET WITH THE IDEAL ALIBI TO PRETEND "THAT NEVER HAPPENED". REGENERATE SKIN BY BRIGHTENING AND EVENING SKIN TONE, WHILE FIGHTING THE SIGN OF AGEING AND FREE RADICAL DAMAGE.

Hyperpigmentation | The presence of Arbutin and Kojic Acid helps in reducing hyperpigmentation, dark spots, and uneven skin tone by targeting melanin production.

Pro-ageing | Retinol, Vitamin C, and Glutathione work together to promote collagen and elastin production, helping to reduce the appearance of fine lines and wrinkles, restoring skin elasticity and contributing to a more youthful appearance.

Skin protection | Antioxidants like Vitamin C, Ferulic Acid and Glutathione defend the skin against free radicals and environmental stressors, preventing premature ageing and maintaining overall skin health.

Sun damage | Tranexamic Acid and Ferulic Acid offer protection against UV damage, preventing the formation of new spots and reducing the effects of UV radiation on the skin.

Inflammation and redness | Niacinamide's anti-inflammatory properties help to soothe and calm irritated skin, reducing redness and inflammation associated with conditions like acne, rosacea, or atopic dermatitis.

Skin barrier function | Niacinamide also helps to improve the skin barrier function, which is crucial for maintaining skin hydration and preventing moisture loss.

Pore appearance | By moisturising and smoothing the skin, Niacinamide can also improve the appearance of pores, giving the skin a more refined and even texture.

KEY INGREDIENTS

Glutathione, Acids (Tranexamic, Ethyl Ascorbic, Ferulic, Kojic & Azelaic), Arbutin, Squalane, Licorice, Aloe Vera, Niacinamide, Glycerin, Helianthus Annuus, Ethyl Ferulate, Rosmarinus Officinalis, Tocopherol, Encapsulated Retinol Complex

HOW TO USE

Start with 1 pump 3 times a week in the evening. Increase to 2 pumps 4-5 times a week if tolerated. Irritation, dryness and some peeling effect is normal. Follow up with '5 a day' after use to keep skin healthy, hydrated and supple.

AS A LAKE 30ml / 1.75 fl oz

ANTI-INFLAMMATORY CREAM

CALM INFLAMMATION WITH 15% AZELAIC ACID, SALICYLIC ACID + PEPTIDES.

Introducing our advanced skincare powerhouse! Packed with potent ingredients, this product is a multi-tasking marvel that delivers a wide range of benefits for your skin. Our unique formula is designed to provide comprehensive care, addressing multiple skin concerns and promoting a youthful, glowing complexion.

With regular use, you can expect:

Youthful Radiance | Our powerful blend of antioxidants, including Glutathione, helps to fight against free radicals and reduce the signs of ageing, leaving your skin looking youthful and radiant.

Clear, Smooth Skin | Azelaic Acid and Salicylic Acid work in synergy to combat acne and rosacea, exfoliate the skin, and unclog pores, revealing a smoother, clearer complexion.

Deep Hydration | Hyaluronic Acid (HA) deeply hydrates the skin, boosting its moisture levels and improving its barrier function, resulting in soft, supple skin with a plump and healthy appearance.

Skin Tone and Texture Improvement | Niacinamide minimises pore appearance, reduces inflammation, and promotes smoother and more even skin tone, resulting in a more refined complexion.

Muscle-Relaxing Effect | Hexapeptide 8, a "botox-like" peptide, helps to suppress muscle contractions that lead to the formation of wrinkles, promoting a firmer, more youthful-looking skin.

Comprehensive Skin Care | Our product is formulated to provide a holistic approach to skincare, addressing multiple skin concerns including anti-ageing, acne, inflammation, hydration.

KEY INGREDIENTS

Glutathione, Acids (Salicylic & Azelaic), Allantoin, Crosspolymer Ha, Hydrolyzed Ha, Caffeine, Ign Botanical Complex D, Acetyl Hexapeptide-8 & Octapeptide-3, Licorice, Red Algae, Niacinamide, Glycerin, Centella Asiatica.

HOW TO USE

Apply 1-2 pumps, am and pm daily, or as often as you need. Use alone, or on top of any serum to lock in moisture.

PEP TALK 30ml / 1.75 fl oz

INSTANT MASK PEEL

REVITALISE, BRIGHTEN AND INCREASE COLLAGEN, WITH AHAS, BHA + PEPTIDES.
HAVE A WORD WITH YOUR SKIN TO PERFORM BETTER, WORK HARDER AND BE MORE CONFIDENT!

A quick yet potent pick me up for your complexion. This non-drying formulation will polish and refine your skin in an instant. Use this instant pick-me-up with our potent formulation featuring a blend of powerful acids, Glutathione, AHAs, BHAs, Encapsulated Retinol Complex, Kaolin, and Green Tea/Aloe to refine and polish your complexion instantly without drying out. Using 3 times a week will help blemishes, and pro ageing. Pep Talk offers a well-rounded approach to skincare, targeting ageing, hyperpigmentation, inflammation, and skin texture concerns.

Skin lightening and detoxification | Glutathione is a powerful antioxidant that helps lighten the skin and protect cells from free radical damage.

Exfoliation and brightening | The blend of Tranexamic, Salicylic, Kojic, Azelaic, Ethyl Ascorbic, Lactic, and Glycolic acids offers various benefits, including reducing hyperpigmentation, exfoliating dead skin cells, unclogging pores, and promoting a brighter, more even complexion.

Oil absorption and skin purification | Kaolin and Hectorite Clay work to absorb excess oil, draw out impurities, and gently exfoliate the skin, refining its texture. Nourishment and hydration, Sweet Almond Oil provides essential vitamins and fatty acids that nourish and moisturise the skin, while Glycerin acts as a natural humectant, attracting and retaining moisture.

Soothing and calming | Aloe Vera and Paeonia Lactiflora both help to calm irritated skin, reduce inflammation, and promote healing.

Antioxidant protection | Green Tea and the IGN Botanical Complexes 45 & 134 offer potent antioxidant benefits, defending the skin against environmental stressors and promoting overall skin health.

Pro-ageing | The combination of Encapsulated Retinol Complex, Acetyl Hexapeptide-8, and Octapeptide-3 works to stimulate collagen production, promote skin cell renewal, and reduce the appearance of fine lines and wrinkles.

KEY INGREDIENTS

Glutathione, Acids (Tranexamic, Salicylic, Kojic, Azelaic, Ethyl Ascorbic, Lactic & Glycolic), Kaolin, Hectorite Clay, Sweet Almond, Aloe Vera, Green Tea, IGN Botanical Complex 45 & 134, Acetyl Hexapeptide-8 & Octapeptide-3, Glycerin, Paeonia Lactiflora, Encapsulated Retinol Complex.

HOW TO USE

Apply an even layer of mask to your face and/or neck for 3-5 mins depending on your skin sensitivity, rinse off, use 3 times a week. Follow with 5-a-day to protect the skin barrier. 30ml / 1.75 fl oz.

NIGHT SHIFT 50ml / 1.75 fl oz

OVERNIGHT GRADUAL PEEL CREAM

28- DAY SKIN REJUVENATION TREATMENT, WITH AHAS, BHAS + KOJIC ACID.
DON'T SLEEP ON YOUR SKIN, BECAUSE YOUR SKIN NEVER SLEEPS. LET NIGHT SHIFT PULL
AN ALL-NIGHTER, WHILE YOU GET YOUR BEAUTY SLEEP.

A powerful night peel that works with your skin's natural 28-day cell turnover cycle, to reverse skin damage while improving texture, tone and firmness. Skin lightening and detoxification, glutathione is a powerful antioxidant that helps lighten the skin and protect cells from free radical damage.

Exfoliation and brightening | The blend of Tranexamic, Salicylic, Lactic, Azelaic, Kojic, Glycolic, and Ethyl Ascorbic acids offers various benefits, including reducing hyperpigmentation, exfoliating dead skin cells, unclogging pores, and promoting a brighter, more even complexion.

Hydration | Sodium Hyaluronate is a powerful humectant that helps retain moisture in the skin, providing lasting hydration and plumping the skin's appearance.

Nourishment and soothing | Sweet Almond Oil and Aloe Vera provide essential nutrients, vitamins, and fatty acids that nourish, moisturise, and calm irritated skin.

Antioxidant protection and anti-inflammatory | Green Tea and Licorice offer potent antioxidant and anti-inflammatory benefits, defending the skin against environmental stressors, reducing redness, and promoting overall skin health.

Plant-based support | IGN Botanical Complexes 45 & 134 provide additional benefits from plant extracts, such as antioxidant protection, soothing irritated skin, and improving overall skin health.

Pro-ageing | Acetyl Hexapeptide-8 is a peptide that helps relax facial muscles and reduce the appearance of fine lines and wrinkles. Moisture retention, Glycerin is a natural humectant that attracts moisture to the skin, keeping it hydrated and maintaining its barrier function.

KEY INGREDIENTS Glutathione, Acids (Tranexamic, Salicylic, Lactic, Azelaic, Kojic, Glycolic & Ethyl Ascorbic), Sodium Hyaluronate, Sweet Almond, Aloe Vera, Green Tea, Licorice, IGN Botanical Complex 45&134, AcetylHexapeptide-8, Glycerin.

HOW TO USE

After Cleansing, use 1 pump for the whole face, omitting the eye area. Do not wash off or apply any additional products. Use nightly until the product is gone. Use SPF daily.

THE FITZPATRICK SCALE

The Fitzpatrick Scale (also Fitzpatrick skin typing test or Fitzpatrick phototype scale) is a numerical classification schema for the colour of skin. It was developed in 1975 by Thomas B. Fitzpatrick, a Harvard dermatologist, as a way to classify the response of different types of skin to ultraviolet (UV) light. Later, it was updated to also contain non white skin types. It remains a recognised tool for dermatologic research into the colour of skin.

TYPE I

Scores 0-6

Pale white; blond or red hair; blue eyes; freckles. Always burns, never tans.

TYPE II

Scores 7-13

White; fair; blond or red hair; blue, green or hazel eyes. Usually burns, tans minimally.

TYPE III

Scores 14-20

Cream white; fair with any hair or eye colour; quite common. Sometimes mild burn, tans uniformly.

TYPE IV

Scores 21-27

Moderate brown; typical Mediterranean skin tone. Rarely burns, always tans well.

TYPE V

Scores 28-34

Dark brown; Middle Eastern skin types. Very rarely burns, tans very easily.

TYPE VI

Scores 35+

Deeply pigmented dark brown to black. Never burns, tans very easily.

THE PERFECT PEEL® PROTOCOL

PRE-PEEL CAUTIONS: The Perfect Peel® contains Glutathione, Kojic Acid, TCA (Trichloroacetic Acid), Phenol, Salicylic Acid, Vitamin C, and Retinoic Acid. The Perfect Peel® requires no special pre-peel skin preparation. The Perfect Peel® should not be used on patients with hypersensitivity to any of the listed ingredients. The Perfect Peel® can be used on all skin types and on all areas of the body; however the face, neck and chest are the most common.

PRE-PEEL CONTRAINDICATIONS:

- Do not apply to skin that is still irritated from any harsh treatment such as waxing, electrolysis, microdermabrasion, or chemical exfoliants.
- Do not apply to open wounds, sunburn, infected skin, cold sores, herpes or lesions.
- Do not use it on pregnant or nursing women.
- Do not use if Roaccutane was used in the last 6 months.
- Exercise caution if a client is taking “-cycline” drugs, they cause photosensitivity.
- People with an allergy to Aspirin should not use it.
- Avoid contact with eyes. (If the solution gets in the eyes; rinse eyes thoroughly with water and saline).
- Store The Perfect Peel® in a cool, dry area.

PRE-PEEL CAUTIONS:

- Photo-sensitising medication
- Previous PIH
- Long term pigmentation
- Chemotherapy or radiotherapy patients
- Psoriasis
- Eczema

CLEANSE

For best results the treatment area must be thoroughly cleansed. Remove all make-up and cleanse the treatment area with a strong face cleanser (one without Glycolic Acid). Next, apply 100% pure acetone or 70% alcohol solution to a rough gauze square and cleanse the treatment area in a mild scrubbing motion to remove soap, residue and remaining oils.

PEEL

Use caution when opening the peel vial, as the solution may spray/pop from pressure. Pour the peel solution into the application cup. Using a small square rough gauze, apply The Perfect Peel® evenly to the entire area to be treated. The solution can be applied to the lower lash line, but avoid getting it in the eyes. This first application will sting slightly and serve to numb the treatment area, the following applications will cause no discomfort. If using our booster product (avoiding the eye area), exercise the same caution when opening the vial and simply add it to application cup with the peel itself.

REPEAT

Continue applying layers of The Perfect Peel® until the solution is gone or the desired results are achieved. The solution should be applied generously and vigorously to damaged or wrinkled areas. If you notice that the treatment area is whitening or frosting, you can stop applying in that area, as the desired results have been achieved. On male patients, apply less solution over the beard area. When peeling a type 6 skin for the first time, use 1cc less solution until you can judge the skin's sensitivity.

FINISH

The Perfect Peel® solution remains on the treated area. The patient should be provided with a Homecare Kit and reminded that the treated area should not be washed or touched for at least 6 hours, or overnight if a more intense result is desired. The Perfect Peel® can be repeated as often as every 4 weeks or 3 to 4 times per year for "normal" skin. For severely damaged skin, you may do a series of 2 or 3 treatments back to back 4 weeks apart. For normal maintenance you can receive treatment once every 3-4 months.

PATIENT POST-PEEL INSTRUCTIONS

The Perfect Peel® uses a blend of chemicals to create a controlled injury to the skin. This in turn initiates a process of peeling and healing. Some irritation and discomfort is considered normal up to day 10, but in some cases can last longer. If discomfort is prolonged or severe, please consult with the professional who performed your procedure.

DAY 1-2

- Day 1 is always the day the peel was applied by your practitioner.
- The treated area will feel tight and may appear darker.
- After application, the peel solution should remain on the treated area for at least 6 hours.
- During the first 6 hours, do not wash, touch, rub, or apply make-up to the treated area.
- No make-up should be applied on day 1 (day peel applied).
- This is an important step! Roughly 15 minutes before bedtime, apply the towelette liberally to the treated area.
- Please remember some irritation, stinging and discomfort is considered normal and this will pass. Any stinging, discomfort or itchiness is normal, apply a cold flannel, or consider taking an antihistamine to calm the itching.
- Do not use any moisturising products on the treated area until day 5.
- Avoid sun exposure, excessive sweating, sauna or heavy exercise during the peel process.

DAY 3-5

- Peeling generally begins on Day 3.
- After peeling begins, apply The Perfect Peel Moisturiser (included in the patient home package) to the peeling areas to control the peeling and relieve the tightness.
- Do not rub, pick or pull on the peeling skin, let the peeling occur naturally. Rubbing, picking or pulling may cause scarring. Dead skin can be removed with small scissors.

DAY 6 +

- The Peeling process is generally complete. Mild sloughing may still be occurring in some treated areas. You may resume use of your normal skin care products unless otherwise advised by your medical professional. If the treated area becomes or remains irritated, wait until the sensitivity subsides. Continue to protect your skin with a sunscreen containing at least SPF 30. Front Cover from the Glutaceuticals® range is perfect for this.

SPECIFIC TREATMENT INSTRUCTIONS

ACNE: DAY 10+

- You may resume use of your normal skin care products.
- For active and severe acne patients, a series of 3-4 The Perfect Peel® treatments can be used 3-4 weeks apart.
- Consider the use of Hit Reset or As a lake & 5-a-Day depending on the severity of the acne to enhance the results.
- Continue to protect your skin with Front Cover or a sunscreen containing at least SPF 30.

HYPERPIGMENTATION /MELASMA: DAY 10+

- Begin using Hit Reset and 5-a-Day.
- For active, mild or severe melasma patients, a series of 3-4 The Perfect Peel® treatments should be used 4 weeks apart for ultimate result followed by Hit Reset and 5-a-Day and or The Perfect C or Hyaluronic & peptide perfection serum.
- Continue to protect your skin with Front Cover or a sunscreen containing at least SPF 30.

ANTI-AGEING: DAY 10+

- You may resume use of your normal skin care products.
- Products to consider depending on the indication: Hit Reset, Hyaluronic & peptide perfection serum, The Perfect C and 5-a-Day, for collagen stimulation, pigmentation inhibition and reduction of fine lines and wrinkles.
- Continue to protect your skin with Front Cover or a sunscreen containing at least SPF 30.

HOW TO APPLY THE PERFECT PEEL® TO CERTAIN SKIN TYPES/ETHNIC GROUPS

It is recommended that for Fitzpatrick scale clients 4, 5 and 6, after the first application of the peel is complete, their skin is assessed. If there is any excessive erythema, do not continue to do another application. Fitzpatrick 4, 5 and 6 generally have sensitive skin and, while our peel is perfectly safe, we do want to monitor results of the peel to avoid an overly aggressive application. Preconditioning is not required but helpful for best results.

SKIN PREPARATION

Skin preparation prior to The Perfect Peel® is not absolutely necessary, but it can be a beneficial component of the peeling process in helping to avoid post peel complications such as post-inflammatory hyperpigmentation (PIH).

The following adjunctive agents should ideally be started a few weeks prior to peeling:

- Broad spectrum UVA and UVB sunscreen.
- Hit Reset usage will result in decreased skin thickness, increased kinetics of epidermal turnover, and decreased skin adhesion.
- The Perfect Cleanser helps to decrease skin adhesion and stimulate epidermal growth by disrupting the stratum corneum.

For these groups a 2 layered treatment protocol is advised. If excessive erythema occurs after the first/second layer of application, this will calm and the patient should not need a second or third layer. After the results of this peel has proven safe and results in a light peel i.e. not aggressive enough, then at their next treatment a two/three layered application can be performed. Of course if there is no unexpected erythema after the first layer of the peel then apply the second.

Also, very important to note: those with severe acne need to be addressed differently. A 2- 3 treatment regime in cases of severe acne is necessary. It may be necessary to refer them to their doctor for a prescription for their acne. Because the peel extracts imperfections and helps shed away damaged layers of skin, acne can become aggravated and purging is likely to occur.

Thank you for taking the time to read this. It's very important information and we want to make sure what we do and how we do it is safe and appropriate.

THE PERFECT PEEL® INFORMED CONSENT

1. I authorise The Perfect Peel® to be applied to my face, neck, hands and/or any other part of the body.
2. Depending on the area to which the chemical peel is applied, there may be redness and/or irritation and discoloration that may persist for several days or weeks.
3. Occasionally hyperpigmentation or hypopigmentation may develop after the peel that might persist for weeks or months.
4. With each chemical peel results are achieved. Nevertheless, no guarantees can be made as to the final results. Any number of chemical peels may be required to achieve the desired results; depending on the present skin condition, skin care maintenance program, age and lifestyle of the patient.
5. Once the desired results are achieved, I understand that maintenance peels are necessary to sustain the rejuvenated results. The frequency depends on the individual's own genetics, age, and lifestyle.
6. Once the peeling process is complete, it is essential to follow post peel instructions and/or use other products to maintain results and avoid any further complications especially hyperpigmentation.
7. I understand that this peel consists of strong acids such as Trichloroacetic acid (TCA), Phenol, Salicylic acid and Kojic acid among others. The exact composition is proprietary information of The Perfect Peel® system. Therefore I waive any rights, present or future, that I may have as to request to divulge the exact composition or concentrations.
8. Services are cosmetic in nature and are non-refundable. I understand that payment is my sole responsibility.
9. I understand that pregnancy, breast-feeding, allergy to any of the ingredients and use of Roaccutane during the last 3 months are contraindications to this treatment.

Patient Name (please print)

Patient Signature

Practitioner Signature Date

THE PERFECT PEEL®

TREATMENT NOTES TO BE COMPLETED BY AESTHETIC PROFESSIONAL

Name

DOB

Male ☐ Female ☐

Patients concerns/goals

Skin Assessment

Fitzpatrick skin type (circle): I II III IV V VI

Check all that apply:

Normal ☐ Dehydrated ☐ Dry ☐ Sensitive ☐ Excoriations ☐ Rosacea ☐ Telangiectasias ☐
Hyperpigmentation ☐ Scars ☐ Other ☐

Skin Care Products

TREATED AREA

Face ☐ Neck ☐ Decolletage ☐ Chest ☐ Back ☐ Other ☐

STEP 1 | PREPPING : Cleanser ☐ Acetone ☐ Alcohol ☐

STEP 2 | PEELING: Number of Passes 1 ☐ 2 ☐ 3 ☐

Amount of pressure applied Light ☐ Medium ☐ Strong ☐

SKIN REACTION

Erythema None ☐ Mild ☐ Moderate ☐ Severe ☐ Areas of Affected _____

Burning None ☐ Mild ☐ Moderate ☐ Severe ☐ Areas of Affected _____

Frosting None ☐ Mild ☐ Moderate ☐ Severe ☐ Areas of Affected _____

Other Yes ☐ No ☐

Other (please list)

Post Care Instructions Yes ☐ No ☐ Date/Lot of Product _____

Practitioner Signature Date

TREATMENT NOTES

Treatment Notes

Treatment Notes

Treatment Notes

